

Not Yet

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ann Cripps (CAN)
音樂: Misery With a Beat - Duane Steele



TOE POINTS & PIVOTS

- 1-2 Point right foot out to right side, hold
- &3-4 Bring right foot home, point left toe to left side, hold
- &5&6 Bring left foot home, point right toe to right side, bring right home, point left to left side
- 7-8 Cross left foot over right (pointing toe down, heel off of floor) swivel ½ turn to right (recover weight on left)
- 9-16 Repeat steps 1-8 -(keep weight on right after last turn)

SYNCOPATED CHASSE' LEFT & RIGHT WITH HOLDS

- 17-18 Step side with left, hold
- &19 Bring right to left, step side left
- &20 Bring right to left, step side left
- &21-22 Bring left to right step side right, hold
- &23 Bring left to right, step side right
- &24 Bring left to right, step side right

ROCKS, HALF TURN TRIPLE STEP

- 25-26 Rock forward right, recover on left
- 27&28 Half a turn to right with triple step (right-left-right)
- 29-32 Repeat with left

HEEL JACKS & KICKS

- 33 Right heel out to right at 45 degrees
- &34 Hop back onto right while crossing left in front of right
- 35 Step right to right
- 36 Left heel out to left at 45 degrees
- &37 Hop back onto left while crossing right in front of left
- 38 Step left to left side
- 39 Right heel out to right at 45 degrees
- &40 Hop back onto right while crossing left in front of right
- 41 Step right to right side
- 42 Left heel out to left at 45 degrees
- &43 Hop back onto left while crossing right in front of left
- 44 Step left to left side
- 45-46 Kick right leg front, then side

SAILOR SHUFFLES, KICK, BUMPS, KICK BALL CHANGE

- 47&48 Bring right behind left, step left beside right, step right beside left
- 49&50 Bring left behind right, step right beside left, step left beside right
- 51-54 Repeat steps 1-4
- 55-58 Step forward on right, kick left forward, cross left over right unwinding to make a ¾ turn to the right (landing weight onto left hip with a bump)
- 59-62 2 hip bumps right, 2 hip bumps left
- 63&64 Kick right front, step on ball of right, step down with left

REPEAT

