# Not 2 Tuff 4 U



拍數: 32 牆數: 4 級數: Improver 編舞者: Claudia Eisenhower (DE) & Sheldon Eisenhower (DE)

音樂: Tuff Enuff - Wynonna



## STEP STRUTS, CROSS STRUTS

1-2	Tap right toes forward, step forward on the right foot and snap fingers
3-4	Tap left toes forward, step forward on the left foot and snap fingers

5 Cross tap right toes over left foot

6 Cross step right foot over left foot and snap fingers

7-8 Tap left toes to left side, step left foot to left side and snap fingers

## CROSS, UNWIND, KICKS, SAILOR SHUFFLE, SAILOR SHUFFLE W QUARTER TURN LEFT

1-2	Cross right foot in front of left foot, unwind half turn over your left shoulder weight on left foot
3-4	Kick right foot forward, kick right foot to right side
5&6	Cross step right foot behind left foot, step left foot to left side, step right foot to right side
7&	Cross step left foot behind right foot, step right foot to right side with a quarter turn right
8	Step left foot to left side

## WALK FORWARD RIGHT, LEFT, MONTEREY TURN, KICKS FORWARD

1-2	Walk forward right, left
3-4	Point right toes to right side
4	Step right next to left while turning ½ turn over your right shoulder transfer weight to left foot
5-6	Point left toes to left side, step left foot next to right foot with weight on left foot
7-8	Kick right foot forward two times

## COASTER STEP, ROCK STEP, COASTER STEP, STOMP, STOMP

1&2	Step back on the right foot, step left foot next to right foot, step forward on right foot
3-4	Step forward on left foot, rock step back on the right foot (weight on right foot)
5&6	Step back on the left foot, step right foot next to left foot, step forward on left foot
7-8	Stomp step right foot forward, stomp step left foot forward

#### **REPEAT**

After every fourth time through (back to beginning wall) there will be a 16 count bridge. Dance the bridge and start from the beginning

## KICK BALL CHANGE, PIVOT TURN, KICK BALL CHANGE, PIVOT TURN

1&2	Kick right foot forward, step right foot back, change weight to left foot
3-4	Step right foot forward, pivot a half turn over your left shoulder (change weight to left foot)
5&6	Kick right foot forward, step right foot back, change weight to left foot
7-8	Step right foot forward, pivot a half turn over your left shoulder (change weight to left foot)

## RIGHT TOE TAPS, LEFT TOE TAPS, 4 COUNT HIP GRIND

1-4	Tap right toes forward twice, tap left toes forward twice
5-8	Roll hips in circular motion right, left, right, left