

# Not Too Proud

**COPPER** **KNOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Improver  
編舞者: Cindy Norlin (SWE)  
音樂: Ain't Too Proud to Beg - The Temptations



## **RIGHT ROCK, LEFT CROSS SHUFFLE, LEFT ROCK, RIGHT CROSS SHUFFLE**

1-2      Rock to right side on right, rock onto left in place  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Rock to left side on left, rock onto right in place  
7&8      Cross left over right, step right to right side, cross left over right

## **SIDE, BEHIND, RIGHT CHASSE ¼ TURN RIGHT, LEFT ROCK FORWARD, LEFT LOCK BACK**

1-2      Step right to right side, cross left behind right  
3&4      Step right to right side, close left beside right, step right to right side turning ¼ to the right  
5-6      Rock forward on left, rock back onto right  
7&8      Step back left, lock right across left, step back left

## **RIGHT & LEFT HIP BUMPS, RIGHT CHASSE, LEFT CROSS ROCK, LEFT CHASSE**

1-2      Step right to right side, bumping hips - right, left  
3&4      Step right to right side, close left beside right, step right to right side  
5-6      Cross rock forward on left, rock back onto right  
7&8      Step left to left side, close right beside left, step left to left side

## **RIGHT CROSS, LEFT & RIGHT BACK, LEFT CROSS, RIGHT ROCK, BEHIND, SIDE ¼ TURN LEFT**

1-2      Cross right over left, step back left  
3-4      Step back right, cross left over right  
5-6      Rock to right side on right, rock onto left in place  
7-8      Cross right behind left, step left to left side turning ¼ to the left

## **PIVOT ½ LEFT, RIGHT FORWARD SHUFFLE, PIVOT ½ RIGHT, LEFT FORWARD SHUFFLE**

1-2      Step forward right, pivot ½ turn left  
3&4      Step forward right, close left beside right, step forward right  
5-6      Step forward left, pivot ½ turn right  
7&8      Step left forward, close right beside left, step forward left

## **RIGHT ROCK, LEFT CROSS SHUFFLE, RIGHT ½ TURN, RIGHT CROSS SHUFFLE**

1-2      Rock to right side on right, rock onto left in place  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Step left to left side turning ¼ to the right, step right beside left turning ¼ to the right  
7&8      Cross left over right, step right to right side, cross left over right

## **SIDE, BEHIND, RIGHT CHASSE ¼ TURN RIGHT, LEFT ROCK FORWARD, LEFT LOCK BACK (SAME AS SECTION 2)**

1-2      Step right to right side, cross left behind right  
3&4      Step right to right side, close left beside right, step right to right side turning ¼ to the right  
5-6      Rock forward on left, rock back onto right  
7&8      Step back left, lock right across left, step back left

## **RIGHT & LEFT HIP BUMPS, SIDE, LEFT CROSS, RIGHT & LEFT HIP BUMPS, SIDE, LEFT CROSS**

1-2      Step right to right side, bumping hips (and moving weight) - right, left  
3&4      Step right to right side (move the weight), cross left over right

5-6  
7&8

Step right to right side, bumping hips (and moving weight) - right, left  
Step right to right side (move the weight), cross left over right

**REPEAT**

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