

# Not Tonight (I Have A Headache!)

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Noel Castle (AUS)  
音樂: Out of the Question - Mel McDaniel



## SKATE, SKATE, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE ½ LEFT

1-2      Skate right forward, skate left forward  
3&4      Shuffle forward - right, left, right  
5-6      Rock left forward, recover right  
7&8      Triple step making ½ turn left - left, right, left (6:00)

## TRIPLE ¾ LEFT, ROCK BACK, RECOVER, POINT, HOLD, TOUCH & TOUCH &

1&2      Triple step making ¾ turn left - right, left, right (9:00)  
3-4      Rock left back, recover right forward  
5-6      Point left side, hold  
7&8&      Touch left to right, step left in place (&), touch right to left, step right in place (&)

## CROSS, TOUCH ¼ RIGHT, HEEL BOUNCES, FORWARD, PIVOT ½ RIGHT, TRIPLE ½ RIGHT

1-2      Cross left over right, face ¼ right & touch right toe forward (12:00)  
3-4      Bounce right heel, bounce right heel again taking weight onto right  
5-6      Step left forward, pivot ½ right (weight right) (6:00)  
7&8      Triple step making ½ turn right - left, right, left (12:00)

## ROCK BACK, RECOVER, POINT, HOLD, CROSS, BACK ¼ RIGHT, TOUCH, HOOK

1-2      Rock right back, recover left  
3-4      Point right side, hold  
5-6      Cross right over left, left back into ¼ turn right (3:00)  
7-8      Touch right heel slightly forward, hook right over left shin

## REPEAT

### TAG

End of second wall facing 6:00

## LUNGE SIDE, RECOVER DRAG TOUCH - FORWARD, HOLD, PIVOT ½ LEFT, HOLD

1      Lunge right out to side  
2-3-4      Recover weight left & drag right to touch next to left (right hand on forehead)  
5-8      Right forward, hold, pivot ½ left, hold (weight left) (12:00)

### TAG

End of seventh wall facing 3:00

## LUNGE SIDE, RECOVER DRAG TOUCH

1      Lunge right side  
2-3-4      Recover weight left & drag right to touch next to left (right hand on forehead)