

Not The One

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 2 級數: Intermediate
編舞者: A.J. Clayton (USA)
音樂: If You're Not the One - Daniel Bedingfield



LEFT DIAGONAL ROCK BACK, RIGHT FOOT ½ SWEEP RIGHT, SWEEP BEHIND SIDE CROSS, LEFT SIDE ROCK, BEHIND SIDE CROSS

1&2 Rock back on left at a diagonal (face 10:00), recover weight back to right, step left foot slightly forward while sweeping right foot a ½ turn right (face 6:00)
3&4 Continue sweeping right foot while bringing it behind left, left step side, cross right over left
5-6 Left side rock, recover right
7&8 Left behind right, right step side, cross left over right

FULL TURN RIGHT WITH SWEEP, RIGHT SAILOR, SYNCOPATED PIVOTS

1 Full turn right sweeping right foot
2&3 Right behind left, left step side, right step forward
4&5 Step left forward, pivot ½ turn right, step left forward (face 12:00)
6&7 Step right forward, pivot ½ turn left, step right forward (face 6:00)
&&& Step left forward, pivot ½ turn right, step left forward (face 12:00)

FULL TURN LEFT WITH RIGHT HITCH, ROCK & SLIDE, & CROSS, STEP ½ SWEEP ½, ROCK & ½, SLIDE ¼ TURN

1 Full turn left (counter to the right) with right hitch
2&3 Cross rock right over left (toward 11:00), recover weight to left, step right big step back (toward 5:00) while dragging left foot
4&5 Bring left next to right, cross right over left, step left back ¼ turn to the right continue turning with a ½ turn sweep to the right (face 9:00) hint: after this keep weight on left!
6&7 Rock right forward, recover weight on left, step ½ turn to the right (face 3:00)
8&1 Step left back turning a ½ turn to the right (face 9:00), step right foot forward a ½ turn to right (face 3:00), step left ¼ turn to the right while dragging right foot towards left (face 6:00)

BASIC NIGHT CLUB 2 STEP TWICE, TOUCH, ROCKS WITH SWAYS

2&3 Right step ball of foot behind left, recover weight to left, right step side right
4&5 Left step ball of foot behind right, recover weight to right, left large step side left
6 Touch right to left
7&8 Side rock to right while swaying body to right, recover weight to left while swaying body to left, step big step to right dragging left toward right

REPEAT

TAGS

At the end of the 2nd and 6th walls you will be facing the front and you will be on count 27 (the night club basic to the right) and then you will keep dragging the left foot toward the right for one count (28) then start the dance over again