

Not That Again!

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Mark Cosenza (USA) & Glen Pospieszny (USA)
音樂: Don't Play That Song Again - Nicki French



SIDE STEP, STEP TOGETHER CROSS AND TOUCH, ¼ LEFT JAZZ BOX

- 1 Take a large side step right
- 2&3 Step left next to right, step right side right, cross left over right
- 4 Touch side right
- 5-8 While moving ¼ left, cross right over left, step side left, step back right, step left next to right

ROCKS AND RECOVERS TO THE LEFT, TOUCH, RAISE AND STEP

- 1-2 While moving to the left, rock back on right, step forward left on left
- 3-5 Continuing direction to the left, rock back on right, step forward on left, rock back on right
- 6 Touch forward on left
- 7-8 Raise left foot (keeping it forward), step down on left

ROCK & PIVOT, CROSS ROCK STEP TO RIGHT & RECOVER, STEP FORWARD, CROSS STEP TO LEFT

- 1-2 Rock forward right, recover onto left
- &3 Step right next to left, step down on left and pivot ¼ to the right
- 4 Step forward right
- 5 Step forward left directly in front of right
- 6 Step back on right
- 7-8 Step side left, step forward right directly in front of left

STEP TOGETHER AND BUMP & GRIND, SIDE STEP, CROSS BEHIND & SWEEP BACK ½ TO THE RIGHT

- 1-3 Step left down next to right and bump and grind hips to the right, (left, right, left)
- 4 Step side right, cross left behind right
- 5 Touch right side right
- 6-8 Sweep back right foot pivoting ½ right, step down on right

SKATE LEFT, SKATE RIGHT, STEP FORWARD AND ¼ PIVOT RIGHT, FULL TURN RIGHT

- 1-2 Skate left forward (move left hand in forward motion in sync with left feet)
- 3-4 Skate right forward (move right hand in forward motion in sync with right foot)
- 5 Step forward on left
- 6 Pivot ¼ right stepping down on right
- 7-8 Pivot full turn right by stepping ½ turn on right and ½ turn on left

SKATE LEFT, SKATE RIGHT, STEP FORWARD AND ¼ PIVOT RIGHT, FULL TURN RIGHT

- 1-8 Repeat counts 33-40

STEP FORWARD, ½ TURN RIGHT, SCUFF AND STEP, STEP IN PLACE, HIP SWAYS

- 1-2 Step forward left, pivot on left foot ½ turn to the right
- 3 Step down on right and scuff left foot forward
- 4-5 Step down in place left, right
- 6-8 Sway hips left, right, left

REPEAT