

Not So Dirty

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lisa Mooney (IRE)
音樂: Dirrty - Christina Aguilera



SIDES TOUCHES, STEP ½ TURN, COASTER STEP, STEP, TOUCH

- 1&2 Touch/point right to right, step right beside left, touch/point left to left
3-4 Touch left forward, make ½ turn right transferring weight onto left (option: a body roll can be done into the turn)
5&6 Step right back, step left beside right, step right forward
7-8 Step left forward, touch right beside left

TAPS, ¼ TURN, HITCH, LONG STEP, WEAVE, STEP, ¼ TURN WITH HIP BUMP

- 9&10 Tap right to right side, tap right beside left, ¼ turn right and point to right
11-12 Lift right knee next to left, push body to right, step on right as you slide left foot towards right
13&14 Step left behind right, step right to right, step left over right
15-16 Step right to right side making ¼ turn left, weight on right bend left knee and push right hip back with attitude

LEFT SHUFFLE, KICK ½ TURN KICK, COASTER STEP, KICK OUT OUT

- 17&18 Step left forward, right behind left heel, step left forward
19-20 Kick right in front then on ball of left foot ½ turn right as you kick right again
21&22 Step right back, step left beside right, step right forward
23&24 Kick left forward, step left to left side, step right to right side (shoulder width apart)

KNEE POPS, HEAD PUSH, HEEL ¼ TURN TOUCH, SIDE SHUFFLE, ¼ TURN, ROCK, HITCH

- 25&26 Knees slightly bent, pop knees together, in, out, in, straighten up placing right hand to side of head and pop it up
27&28 Place right heel in front, step right next to left making ¼ turn left, touching left toe next to right
29&30 Step left to side, step right beside left, step left ¼ turn left
31-32 Rock forward on right, pushing back weight onto to left hitch right knee next to left

REPEAT

RESTART

After 7th wall, do the first 8 counts, then do whatever comes to mind in remaining 4 counts before starting dance again from the beginning.
