

(Not) Impossible

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Impossible - Christina Aguilera



INTRO

Start dance intro on the first strong Ooh and facing the back of the room (only when danced to the song "Impossible")

FORWARD, TOUCH, HOLD, BACK, TOUCH, HOLD, CROSS TWINKLE ¼ TURN, CROSS TWINKLE

- 1-2-3 Step forward on left, touch right toe to right side, hold
- 4-5-6 Step back on right, touch left toe to left side, hold
- 7-8-9 Cross step left over right, turn ¼ left stepping back on right, step left in place
- 10-11-12 Cross step right over left, step left to left side, step right in place

FORWARD, TOUCH, HOLD, BACK, TOUCH, HOLD, CROSS TWINKLE ¼ TURN, CROSS TWINKLE

- 13-24 Repeat the above 12 counts

FORWARD, TOUCH, HOLD, WEAVE, TOUCH, BEHIND, SIDE STEP

- 25-26-27 Step forward on left, touch right toe to right side, hold
- 28-29-30 Cross step right behind left, step left to left side, cross step right over left
- 31-32-33 Touch left toe to left side, cross step left behind right, step right to right side

THE MAIN DANCE

CROSS STEP, KICK, CROSS STEP, SIDE ROCK, CROSS STEP, ¾ TURN, COASTER STEP

- 1-2-3 Cross step left over right, low kick right out to right side, cross step right over left
- 4-5-6 Rock on left to left side, step right in place, cross step left over right
- 7-8-9 Turn ¼ left stepping back on right, turn ¼ left stepping left to left side, turn ¼ left stepping forward on right
- 10-11-12 Step back on left, step right next to left, step forward on left

CROSS ROCK, SIDE STEP, CROSS STEP, SIDE STEP, TOUCH, FULL TURN, CROSS ROCK, STEP

- 13-14-15 Cross rock right over left, rock left back in place, step right to right side
- 16-17-18 Cross step left over right, step right to right side, touch left next to right
- 19-20-21 Full turn left traveling left stepping left, right, left
- 22-23-24 Cross rock right over left, step left back in place, step right to right side

CROSS STEP, ½ TURN, CROSS ROCK, STEP

- 25-26-27 Cross step left over right, turn ¼ left stepping back on right, turn ¼ left stepping left to left side
- 28-29-30 Cross rock right over left, step left back in place, step right to right side

CROSS STEP, HITCH TOUCH, HITCH BEHIND, STEP

- 31-32-33 Cross step left over right, hitch right knee turning it out slightly to right side, touch right toe across left
- 34-35-36 Hitch right knee turning out slightly to right side, cross step right behind left, step left to left side

DIAGONAL STEP, KICK, CROSS STEP, COASTER STEP

- 37-38-39 Step right forward to left diagonal, kick left forward to left diagonal, cross step left over right
- 40-41-42 Step back on right, step left next to right, step forward on right

The above 3 counts straightening up to center of wall

CROSS ROCK STEP, CROSS ROCK STEP

43-44-45 Cross rock left over right, replace weight back on right, step left to left side

46-47-48 Cross rock right over left, replace weight back on left, step right to right side

REPEAT
