

Not 4 Me

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Crazy Chris (UK)
音樂: Black Horse And The Cherry Tree - KT Tunstall



POINT & KICK &, ROCK RECOVER TOUCH, KICK & POINT &, ROCK RECOVER TOUCH

1&2& Touch right to right side, touch right beside left, kick right forward, step right beside left
3&4 Rock back on left, recover onto right, touch left beside right
5&6& Kick left forward, step left beside right, touch right to right side, touch right beside left
7&8 Rock back onto right, recover onto left, touch right beside left

SIDE SHUFFLE, ½ SAILOR CROSS, TOUCH HITCH CROSS, TOUCH POINT, POINT

1&2 Step right to right side, step left beside right, step right to right side
3&4 Step left behind right, ½ turn over left shoulder stepping right to right side, step left across right
5&6 Touch right to right side, hitch right. Cross right over left,
7&8 Touch left to left side, point left across right, point left to left side

½ MONTEREY TURN, ROCK & CROSS, FULL TURN, ¼ SIDE MAMBO TOUCH

&1-2 Step left beside right, touch right to right side, ½ turn right stepping right beside left
3&4 Rock left to left side, recover onto right, cross left over right
5-6 ½ turn left stepping onto right, ½ turn left stepping onto left
7&8 ¼ turn left rocking right to right side, recover onto left, touch right beside left

ROCK & BACK, COASTER ¼ CROSS, SIDE TOGETHER, SIDE TOGETHER, SIDE JUMP, JUMP

1&2 Rock forward onto right, recover onto left, step right back
3&4 Step left back, step right beside left, ¼ turn left crossing left over right
5&6& Step right to right side, step left beside right, step right to right side, step left beside right
7&8 Step right to right side, jump to the left, jump to the left

REPEAT

TAG

End of wall 3 (back wall)

ROCK & BACK, COASTER STEP, FULL TURN

1&2 Rock forward onto right, recover onto left, step right back
3&4 Step left back, step right beside left, step left forward
5-6 ½ turn left stepping back onto right, ½ turn left stepping forward onto left

TAG 2

End of wall 6 (front wall)

ROCK AND BACK, COASTER STEP, FULL TURN TWICE, STEP JUMP, JUMP

1&2 Rock forward onto right, recover onto left, step right back
3&4 Step left back, step right beside left, step left forward
5-6 ½ turn left stepping back onto right, ½ turn left stepping forward onto left

1&2 Rock forward onto right, recover onto left, step right back
3&4 Step left back, step right beside left, step left forward
5-6 ½ turn left stepping back onto right, ½ turn left stepping forward onto left
7&8 Step right beside left, jump to the left, jump to the left