

Not For Sale

拍數: 56 牆數: 1 級數: Improver nightclub
編舞者: Petra Kieseletter (DE) & Georg Kieseletter (DE)
音樂: Not For Sale - ERAY



STEP WITH SWEEP, CROSS-BACK-SLIDE BACK, COASTER STEP WITH SWEEP, CROSS-BACK-SLIDE BACK, HIP SWAY

- 1 Step right forward and sweep left from back to front
- 2&3 Cross left in front of right, step right back, take a big step back with left and drag right towards left
- 4&5 Step back right, step left next to right, step right forward and sweep left from back to front
- 6&7 Repeat 2&3
- 8& Sway hips to the right and back to the left

SLIDE RIGHT, FULL JAZZ TURN (TO THE LEFT), BASIC RIGHT, SLIDE LEFT, FULL JAZZ TURN (TO THE RIGHT), BASIC LEFT

- 1 Step right far sideways right
- 2&3 Cross ball of left behind right, full unwind turning left, step right far sideways right
- 4&5 Cross left behind right, recover onto right, step left far sideways left
- 6&7 Cross ball of right behind left, full unwind turning right, step left far sideways left
- 8& Cross right behind left, recover onto left

Feel free to turn a quarter stepping backward instead of sideward on 2 and 6 in order to ease up the unwind (¾ instead of full unwind)

SLIDE RIGHT, SAILOR STEP, ROCK BACK-RECOVER-SLIDE, SAILOR STEP, ROCK BACK-RECOVER-SLIDE

- 1 Step right far sideward right
- 2&3 Cross left behind right, step ride to right, take a small step left to left
- 4&5 Cross right behind left, recover onto left, step right far sideways right
- 6-8&1 Repeat 2-4&5

OCTAGON DIAMOND FROM FALLAWAYS, BASICS AND CROSS ROCKS

- 2& Turn 1/8 left and step backwards left, right (towards 4:00)
- 3 Turn 1/8 left and step left far sideways (towards 6:00, facing 9:00)
- 4& Cross right in front of left, recover onto left
- 5 Step right far sideways right 6& cross left in front of right, recover onto right
- 7 Step left far sideways left
- 8& Turn 1/8 turn left and walk forward right, left (towards 8:00)
- 1 Turn 1/8 turn left and step right far sideways (towards 9:00, facing 6:00)

- 2& Cross left behind right, recover onto right
- 3 Step left far sideways left
- 4& Cross right behind left, recover onto left
- 5 Step right far sideways right
- 6& Turn 1/8 left and step backwards left, right (towards 10:00)
- 7 Turn 1/8 left and step left far sideways (towards 12:00, facing 3:00)
- 8& Cross right in front of left, recover onto left

- 1 Step right far sideways right
- 2& Cross left in front of right, recover onto right
- 3 Step left far sideways left
- 4& Turn 1/8 turn left and walk forward right, left (towards 2:00)

- 5 Turn 1/8 turn left and step right far sideways (towards 3:00, facing 12:00)
- 6& Cross left behind right, recover onto right
- 7 Step left far sideways left
- 8& Cross right behind left, recover onto left

LUNGE, RECOVER-BACK-TURN, STEP, TURN-SWEEP, SAILOR STEP, HIP SWAY

- 1 Step right forward bending knee (keep left leg straight) lowering your center
- 2&3 Recover onto left, step right backward, turn ½ left stepping forward left
- 4&5 Step forward right, ½ turn left on both balls (weight stays on right), sweep left from front to back
- 6&7 Cross left behind right, step ride to right, step forward left
- 8& Sway hips to the right and back to the left

REPEAT

ENDING

Dance ends during 5th repetition after the first section of the "diamond" facing back. With the outro: touch behind, unwind and bow
