

# Not Enough Sleep

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Improver east coast swing  
編舞者: George Petrella (USA)  
音樂: Too Much Drink (Not Enough Sleep) - The Fantastic Shakers



## RIGHT STEP, LOCK, STEP, HOLD, LEFT STEP, LOCK, STEP, HOLD

1-4            Step forward on right, lock left foot up, step forward on right, hold  
5-8            Step forward on left, lock right foot up/step forward on left, hold

## LINDY TO RIGHT, SHUFFLE TO LEFT, ½ LEFT PIVOT

1&2-3-4       Shuffle to the right (right-left-right), rock back on left, recover on right  
5&6-7-8       Shuffle to the left (left-right-left), step forward on right, pivot ½ to left

## LINDY TO RIGHT, LINDY TO LEFT

1&2-3-4       Shuffle to the right (right-left-right), rock back on left recover on right  
5&6-7-8       Shuffle to the left (left-right-left), rock back on right recover on left

## RIGHT KICK FORWARD 2X, SHUFFLE, LEFT KICK FORWARD 2X, SHUFFLE

1-2-3&4       Kick right foot to front 2x, shuffle in place (right-left-right)  
5-6-7&8       Kick left foot to front 2x, shuffle in place (left-right-left)

## WALK FORWARD 3 STEPS/TURN ½ TO LEFT KEEPING WEIGHT ON RIGHT/PAUSE, WALK FORWARD 3 STEPS/TURN ½ TO LEFT KEEPING WEIGHT ON LEFT/PAUSE

1-2-3-4       Walk forward right-left-right, turn ½ to left by spinning on right foot/hold  
5-6-7-8       Walk forward left-right-left, turn ½ to left by spinning on left foot/hold

## 6 COUNT WEAVE TO RIGHT, START 2 COUNTS OF LEFT WEAVE

1-2-3-4       Right to right, left behind right, right to right, left in front of right  
5-6-7-8       Right to right, touch left toe, left to left, right behind left

## REPEAT

## FINISH

### 4 COUNTS OF LEFT WEAVE, ¼ PIVOT LEFT, ½ PIVOT LEFT

1-2-3-4       Left to left, right in front of left, left to left, touch right toe  
5-6-7-8       Right forward pivot ¼ to left, right forward pivot ½ to left