

Not A Day Goes By

拍數: 32 牆數: 4 級數:
編舞者: Gordon Elliott (AUS)
音樂: Not a Day Goes By - Lonestar



Dedicated to those we love even though they are not with us

FORWARD, FORWARD, FORWARD, HOLD, FORWARD, ¼ TURN, ACROSS, HOLD

1-2 Step right forward, step left forward
3-4 Step right forward, hold
5-6 Step left forward, turn ¼ turn right take weight onto right
7-8 Step left across in front of right, hold

SIDE, ROCK, ACROSS, HOLD, SLOW COASTER STEP, TOUCH

1-2 Step right to the side, side/rock onto left
3-4 Step right across in front of left, hold
5-6 Slow coaster: step left back, step right together
7-8 Step left forward, touch right toe together

BACK, LOCK, BACK, HOLD, BACK, LOCK, BACK, HOLD

1-2 Step right back at 45 degrees, lock left across in front of right
3-4 Step right back at 45 degrees, hold
5-6 Step left back at 45 degrees, lock right across in front of left
7-8 Step left back at 45 degrees, hold

TOUCH, ½ TURN, TOUCH, ½ TURN, BACK, HOLD, ROCK FORWARD, HOLD

1-2 Touch right toe back, turn ½ turn right keep weight on left
3-4 Touch right toe back, turn ½ turn right keep weight on left
5-6 Step right back, hold
7-8 Rock forward onto left, hold

REPEAT

TAG

During wall 5 and wall 10 (both are the chorus on the words "baby, baby, oh baby"). Dance the first 16 beats of the dance then add the following 12 count tag, then continue the dance from beat 17

1-2 Pivot turn: step right forward, turn ½ turn left take weight onto left
3-4 Pivot turn: step right forward, turn ½ turn left take weight onto left
5-6 Slow coaster forward: step right forward, step left together
7-8 Step right back, drag left back
9-10 Slow coaster back: step left back, step right together
11-12 Step left forward, touch right toe together