

Not A Cha Cha

拍數: 316
編舞者: Danny Leclerc (CAN)
音樂: Your Man - Josh Turner

牆數: 2

級數: Intermediate interpretive rumba



RUMBA BOX, CROSSOVER BREAK, MILITARY, (1) ROCK, SPIN, HOLD

1-4 (SQQ) Left step forward, right step side, left step together
5-8 (SQQ) Right step backward, left step side, right step together
9-12 (SQQ) Left step forward, right step side, left step together
13-16 (SQQ) Right step side and turn ¼ right, left rock step forward, right recover
17-20 (SQQ) Left step backward turning ¼ left, turn another ¼ left, pivot ½ left onto right, pivot ¼ left onto left
21-24& (SQQ&) Right step side, left rock step backward, right recover, left step forward pivoting ½ left
25-28 (SQQ) Right step side, hold
Fancy body move or freeze

RUMBA BOX, CROSSOVER BREAK, MILITARY, (3) ROCK

29-48 Repeat 1-20
49-52 (SQQ) Right step side, left rock step backward, right recover
53-56 (SQQ) Left step side, right rock step backward, left recover
57-60 (SQQ) Right step side, left rock step backward, right recover

RUMBA BOX, CROSSOVER BREAK, MILITARY, (2) ROCK, SPIN, TOE TOUCH, HOLD

61-88 Repeat 29-56
& Right step forward pivoting ½ right
89-92 (SQQ) Left side toe touch, hold
Fancy body move or freeze

RUMBA BOX, CROSS OVER BREAK, MILITARY, (1) ROCK, SPIN, HOLD

93-120 Repeat 1-28

RUMBA BOX, CROSS OVER BREAK, MILITARY, (1) ROCK, SIDE, TOGETHER, TAP

121-140 Repeat 1-20
141-144 (SQQ) Right step side, left rock step backward, right recover
145-148 (SQQ) Left step side, right step together, tap left toe together

RUMBA BOX, CROSS OVER BREAK, MILITARY, (3) ROCK

149-180 Repeat 29-60

RUMBA BOX, CROSS OVER BREAK, MILITARY, (2) ROCK, SPIN, TOE TOUCH, HOLD

181-212 Repeat 61-92

Rumba Box, Cross OVER Break, Military, (1) Rock, Spin, Hold

213-240 Repeat 1-28

RUMBA BOX, CROSS OVER BREAK, MILITARY, (1) ROCK, SIDE, TOGETHER, TAP

241-268 Repeat 121-148

SIDE, MILITARY, (2) ROCK STEP, SPIN, TOE TOUCH, HOLD

269-272 (SQQ) Left step side turning ¼ left, military pivot ½ left onto right, pivot ¼ left onto left
273-276 (SQQ) Right step side, left rock step backward, right recover

277-280& (SQQ&) Left step side, right rock step backward, left recover, right step forward pivoting ½
right

281-284 (SQQ) Left side toe touch, hold

Fancy body move or freeze

RUMBA BOX, CROSS OVER BREAK, MILITARY, (2) ROCK, SPIN, TOE TOUCH, HOLD

285-316 Repeat 61-92
