Not A 2-Step



拍數: 56 牆數: 4 級數: Beginner

編舞者: Linda Kalinowski (USA)

音樂: Any fast 2-step music for those who want to dance to 2-step music without

partner.



HEEL DIGS AND CHARLESTON STEPS

1-8 Dig right heel and hold. Repeat twice. Step forward on right. Hold.9-16 Dig left heel and hold. Repeat twice. Step forward on left. Hold.

Touch right toe forward hold. Step back on right. Hold 21-24 Touch left toe back. Hold. Step forward on left and hold.

25-32 Repeat steps 17-24

SIDE ROCKS

33-36 Step to right on right foot. Rock back on left foot. Step right foot next to left. Hold Step to left on left foot. Rock back on right foot. Step left foot next to right. Hold.

JAZZ BOXES

41-44 Cross right foot over left making ¼ turn to right. Hold. Step back on left foot. Hold.

45-48 Step right foot to right. Hold. Stomp left foot next to right. Hold.
49-52 Cross right foot over left. Hold. Step back on left foot. Hold.
53-56 Step right foot to right. Hold. Stomp left foot next to right. Hold.

REPEAT