North Hill Country Cha



拍數: 32 牆數: 4 級數: Improver

編舞者: Joanne Brady (USA) 音樂: Mexico Road - K.T. Oslin



This dance was choreographed for the North Hill Country Dancer's 15th Anniversary Celebration!

POINT, HOLD, POINT HOLD, POINT HOLD, SAILOR SHUFFLE

1-2	Point right toe to right side, hold
3-4	Point right toe forward, hold
5-6	Point right toe to right side, hold

7&8 Step right behind left, step left beside right, step right to right side

CROSS ROCK, 1/4 TURN LEFT WITH FORWARD SHUFFLE, ROCK, RECOVER, RIGHT COASTER

1-2	Cross left foot over right, recover weight to right foot
3&4	Making a quarter ¼ turn left, shuffle forward left, right, left
5-6	Rock forward on right foot, recover weight to left foot

7&8 Step back on right, step left beside right, step forward on right

STEP, 1/4 TURN, CROSS SHUFFLE, SIDE SHUFFLE, CROSS ROCK, RECOVER

1-2	Step forward on left foot, make a quarter (1/4) turn right stepping on right foot
3&4	Cross left over right, step to right on right foot, cross left over right
5&6	Step to right on right foot, step left next to right, step to right on right foot
7&8	Cross left over right, recover weight to right foot, step left next to right

ROCK, RECOVER, TRIPLE WITH HALF (½) TURN RIGHT, QUARTER (¼) TURN RIGHT CROSS SHUFFLE

SHUFFLE	
1-2	Rock forward on right foot, recover weight to left foot
3&4	Triple step right, left, right in place while making half (1/2) turn right

5-6 Step forward on left foot, make a quarter (1/4) turn right stepping on right foot

7&8 Cross left over right, step to right on right foot, cross left over right

Options for 7&8: triple left, right, left in place or forward

REPEAT