

Noise!

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Rebecca Canavan (UK)
音樂: Queen of the Night - Whitney Houston



ROCK, SLIDE AND HIP BUMPS

1-2 Rock right in front of left, step weight back onto left
3-4 Step right to right side sliding left together
5&6& Right bump right hip, left bump left hip, right bump right hip, left bump left hip
7&8& Right bump right hip, left bump left hip, right bump right hip, left bump left hip

SIDE SHUFFLE, FULL TURN, ROCK, UNWIND

9&10 Step right to right side, left by right, right to right side
11-12 Cross left in front of right, unwind full turn over right shoulder
13-14& Rock left over right, step weight back on right, step left to left side
15-16 Cross right behind left, unwind ½ turn over right shoulder

CROSS, SIDE, TURN, TOUCH, FULL TURN

17-18 Step left across right, step right to right side
19-20 While doing ¼ turn to left step back left, touch right next to left
21-22 Step forward right, make ½ turn to left on left foot
23-24 Make ½ turn on right foot to right completing a full turn, step left together

KICK, HEEL PIVOT, KICK, HEEL, PIVOT

25&26& Kick right forward, step right together, left heel forward, step left together
27-28 Step forward right, pivot ½ turn to left
29&30& Kick right forward, step right together, left heel forward, step left together
31-32 Step forward right, pivot ¼ turn to left

SCUFF, HIP BUMPS, PIVOT, SLIDE

33-34& Scuff right, step back right, left bump left hip
35&36 Right bump right hip, left bump left hip, right bump right hip
37-38 Step forward right, pivot ¾ turn to left
39-40 Step right to right side, step left together

KICK, SYNCOPATED STEPS, SAILOR STEP, SAILOR STEP

41&42& Kick forward right, step right to right side, step left to left side, step right together
43&44 Point left to left side, step left together, point right to right side
45&46 Step right behind left, step left to left side, step right to right side
47&48 Step left behind right making ¼ to left, step right to right side, step left together

REPEAT
