Nobody's Angel (Tonight)



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Pam Scott (USA)

音樂: If You Wanna Dance - Nobody's Angel



STEP RIGHT, CROSS ROCK, STEP LEFT, CROSS ROCK, STEP RIGHT, CROSS SHUFFLE, 1/4 STEP RIGHT

1 Step right to right side

Cross rock left over right, recover on right, step left to left side
 Cross rock right over left, recover on left, step right to right side

6&7 Cross shuffle - step left over right, step right with right, step left over right

8 Step ¼ turn right with right

ROCK, RECOVER, TRIPLE 1/2 TURN LEFT, PIVOT TURN, KICK-BALL-CHANGE

1-2 Rock left foot forward, recover back on right 3&4 Triple ½ turn left stepping left right left

Option: a 1 ½ triple step turn

5-6 Step forward on right, pivot ½ to left (weighted left)

7&8 Right kick-ball-change

RIGHT STEP BACK, LEFT STEP FORWARD, ¼ TURN RIGHT, CROSS SHUFFLE, ¼ TURN RIGHT SHIMMY

Step back on the right, step forward on the left, ¼ pivot turn right (weighted right)

Cross shuffle - step left over right, step right with right, step left over right

&5&6 Start a ¼ turn to the right stepping with the right foot while shimmying back on the left (pop

heels while transferring weight back and forth with attitude)

&7&8 Finish ¼ turn right while shimmying forward on the right (pop heels while transferring weight

back and forth with attitude finishing with weight forward on the right)

Option: on counts &5-8, use any body movement you are comfortable with making sure you step a ¼ turn to the right with the right and your weight is forward on the right on count 8

HEEL JACK, HEEL JACK, OUT-OUT, IN-IN, CROSS, UNWIND ½ TURN TO LEFT

&1&2 Step back on the left diagonal with the left, touch right heel forward on right diagonal, step

right foot back to home position, step left next to right

Step back on the right diagonal with the right, touch left heel forward on left diagonal, step left

foot back to home position, step right next to left

&5&6 Step out to left with left, step out to right with right, step back to home with left, step right next

to left

&7-8 Step back on the left, touch right toe over left foot, unwind ½ turn to left - weighted left

REPEAT