

No Worries

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bill Larson (AUS)
音樂: Don't You Worry - Madsun



STEP, STEP, ROCK TURN, STEP, SHUFFLE, (FULL TURN) STEP, STEP

&1 Step forward on left, step forward on right
2-3 Rock back onto left with ½ turn right, step forward onto right
4&5 Shuffle forward left-right-left
6-7 Step right-left completing a full turn left

PIVOT TURN, STEP DRAG, CROSS SHUFFLE, STEP TOUCH

8&1 Step forward onto right, pivot ½ turn left, step forward on right
2-3 Step forward left, drag right foot forward in an arc
4&5 Step right across left, step left up to right, step right out to left side
6-7 Step left to side, touch right beside left

RIGHT BALL JACK, TOUCH TURN, FULL TURN SHUFFLE, STEP UNWIND

8&1 Step diagonally back onto right at right diagonal, tap left heel forward at left diagonal, step left back to center (ball jack)
2-3 Touch right beside left, step right to side with ¼ turn right
4&5 Shuffle forward left-right-left while turning a full turn right
6-7 Step right behind left, unwind ½ turn right

COASTER STEP, WALK, WALK, MAMBO STEP, TURN DRAG STEP

8&1 Step back onto left, step right beside left, step forward on left (coaster step)
2-3 Walk forward right-left
4&5 Step right foot forward, rock back onto left, step back onto right (mambo step)
6-8 Step back onto left, turn ½ turn right dragging right toe around in an arc, step forward onto right

REPEAT

RESTART

After wall 2, (facing back wall) complete counts 1-15. Then step right to side and restart dance

TAG

After wall 6, (facing back wall) add the following 8 counts and then restart dance

1-8 Step forward on left, pivot ½ turn right, step forward on left, pivot ½ turn right, step forward left, rock back right, step back left, rock forward right