

No Worries

拍數: 32 牆數: 4 級數: Improver
編舞者: Dougie D (UK)
音樂: No Worries - Simon Webbe



SYNCOPATED VINE LEFT, CROSS ROCK, ¼ TURN RIGHT FORWARD SHUFFLE RIGHT, LEFT, RIGHT, STEP BACK ON LEFT

1-2 Cross right over left, step left to left side
3&4& Cross right behind left, step left to left side, cross right over left, rock back on left
5-6 Cross rock right over left, rock back on left
7&8& Step ¼ turn right on right, step left behind right, step forward on right, rock back on left

ROCK FORWARD ON RIGHT, ROCK BACK ON LEFT, LOCK STEPS BACK RIGHT, LEFT, RIGHT, ¼ TURN LEFT, SHUFFLE ½ TURN LEFT

1-2 Rock forward on right, rock back on left
3&4& Lock steps back, right, left, right, step right in place
5-6 Step right to right side, swivel both feet ¼ turn left
7&8& Shuffle ½ turn left, right, left, right, step left in place

CROSS ROCK, SAILOR STEP, CROSS ROCK, CHASSE RIGHT WITH ¼ TURN RIGHT

1-2 Cross rock right over left, recover on left
3&4& Cross right behind left, step left to left side, step right in place, step left in place
5-6 Cross rock right over left, recover on left
7&8& Turn ¼ right with side chasse right, right, left, right, step left in place

PADDLE STEPS FORWARD TWICE, SHUFFLE ½ TURN LEFT, PADDLE STEPS FORWARD TWICE, FORWARD AND BACK ROCKS, COASTER STEP

1-2 Slide diagonally forward on right, slide diagonally forward on left
3&4& Shuffle ½ turn left, right, left, right, step left in place
5-6 Rock forward on right, recover on left
7&8& Step back on right, step left beside right, step forward on right, step left in place

REPEAT
