

No Worries

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jacqui Cargill (UK)
音樂: 17 - Tim McGraw



KICKS FORWARD, TOE TOUCHES, PIVOT TURNS ½ & ¼

1&2& Kick right foot forward, place right beside left, kick left foot forward, place left beside right
3&4& Point right toe forward, place right beside left, point left toe forward, place left beside right
5-6 Step right foot forward and pivot ½ turn left
7-8 Step right foot to right side and turn quarter turn left

ROCKING CHAIRS RIGHT & LEFT SIDE

9&10 Place right foot over left and rock forward right, back on left, forward on right
11&12 Place left foot over right and rock forward left, back on right, forward on left
13&14 Place right to right side and rock/sway right, left, right
14&16 Place left to left side and rock/sway left, right, left

STEP, BEHIND, SYNCOPATED WEAVE RIGHT AND LEFT

17-18 Step right to right side, cross left behind right
19&20 Step right to right side, cross left over right, step right to right side
21-22 Step left to left side, cross right behind left
23&24 Step left to left side, cross right over left, step left to left side

HEEL HOOK, QTR SHUFFLE FORWARD RIGHT AND LEFT

25-28 Dig right heel forward, hitch under left knee, turn qtr shuffle forward right, left, right
29-32 Dig left heel forward, hitch under right knee, shuffle forward left, right, left

REPEAT
