

No Will No Way

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Glenn Ball (USA) & Alan "Renegade" Livett (UK)
音樂: I'm Comin' - Will Smith



KICK, STEP, OUT, IN, ANKLE BREAK, STEP FORWARD, TOGETHER, ¼ TURN RIGHT (DELAYED HEAD ACTION)

- 1&2& Kick right forward, jump forward onto right placing left instep to right calf, jump both feet out to sides simultaneously, jump onto right foot starting to move left behind right for ankle break
- 3&4 With left tucked behind right (outside edge of left in contact with floor) roll onto flat of left and outside edge of right, roll back onto flat of right and outside edge of left, roll onto flat of left and outside edge of right (weight ends up on left)
- &5-6 Step right next to left. Stride (with attitude) forward onto left, step right next to left
- 7-8 Keeping feet together pivot on ball of right ¼ turn (feet and lower body to right. Keep head and as much of upper body as possible facing original direction.), turn head and upper body to same direction as feet (¼ right)

STEP FORWARD, TOGETHER, KICK SIDE, TOGETHER, TRAVELING PIGEON TOES, REVERSE ¾ TOE HEEL TURN

- &1-2 Step left foot back, leaving weight on left as long as possible stride forward with right, step left next to right (no weight)
- 3&4 Execute low kick to left side and thrust right elbow to right side at shoulder height (taking upper body to right with elbow), bring left foot and right elbow back to body with left leg bent and foot in contact with right calf, place left foot next to right turning both heels out
- 5&6 With weight on right heel and left toe move right toe and left heel to right then drop right toe and left heel and transfer weight, with weight on left heel and right toe move left toe and right heel to right then drop right toe and left heel and transfer weight, with weight on right heel and left toe move right toe and left heel to right then drop right toe and left heel and transfer weight
- 7-8 Tuck left toe behind right, taking weight on ball of left and heel of right execute reverse ¾ toe heel turn to left finishing with weight on right

ROGER RABBIT X 3, TOUCH, MONTEREY TURN, LUNGE, HEAD POP

- 1& Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
- 2& Scoot back on left as right leg extends behind you, lock step right in behind left as you lift left knee
- 3& Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
- 4 Touch right next to left
- 5-6 Point right toe to right side, turn ½ turn to right pivoting on ball of left foot (take weight onto right)
- 7&8 Lunge wide step to left side taking full weight onto left keeping right leg straight, drop head forward onto chest, pop head back up

KICK-BALL-ACROSS, SLIDE, STOMP, "KODAK MOMENT", BALL CHANGE, ¾ PENCIL SPIN

- 1&2 Kick right diagonally across left flexing foot heel down pulling right shoulder back using contra body movement, step ball of right next to left taking weight, cross left across and in front of right
- &3-4 Hitch right leg, wide step to right side, slide left to meet right ending with a stomp (weight on left)
- 5-6 Swing right leg forward in held-kick position with bent leg and with upper body twisted to right plus head looking in same direction as upper body (upper arms parallel to floor, elbows bent at ¼ turn, hands pointing to floor with fingers spread), hold

&7-8

Place right next to left heel, step left forward pulling right shoulder back slightly to prepare for spin, using upper body torque spin $\frac{3}{4}$ turn to right bringing right to left (platform turn)

REPEAT
