

# No White Flag

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Geri Morrison (UK)  
音樂: White Flag Remix - Dido



## SYNCOPATED RUMBA BOX, LEFT CHASSE, ROCK RECOVER, HEEL

1&2      Step left to left side, bring right beside left, step forward on left  
3&4      Step right to right side, bring left beside right, step back on right  
5&6      Step left to left, bring right beside left, step left to left side  
7&8      Rock back on right, recover weight on left, touch right heel diagonally right

## CROSS STEP, ½ TURN HIP BUMPS, ¼ TURN HIP BUMPS, LEFT MAMBO

&1-2      Step right behind left, cross left over right, step right to right  
3&4      Make ½ turn left, stepping left to left bumping hips left right left  
5&6      Make ¼ turn left, stepping to right bumping hips right left right (facing 3:00)  
7&8      Rock forward on left, recover weight on right, step left next to right

## SWEEP BACKS TWICE, RIGHT SAILOR; BEHIND ½ TURN CROSS, RIGHT CHASSE

1-2      Sweep right from front to back stepping back, sweep left from front to back stepping back  
3&4      Cross right behind left, step left to left side, step right in place  
5&6      Sweep left behind right, turn ½ left stepping right to right side, cross left over right  
7&8      Step right to right side, bring left to right, step right to right

## CROSS ROCK & TOUCH, CROSS ROCK & ¼ TURN LEFT, SIDE ROCK & CROSS (RIGHT & LEFT)

1&2      Rock left forward across right, rock back on right, touch left toe to left side  
3&4      Rock left forward across right, rock back on right, step left ¼ turn left  
5&6      Rock right to right side, recover weight on left, cross right over left  
7&8      Rock left to left side, recover weight on right, cross step left over right, (facing 6:00)

### Restarts here changing 7&8 to

7&8      Rock left to left side, recover weight on right, cross touch left over right

## TURN ½ LEFT, CROSS POINT, ROCK BACK & POINT, BEHIND SIDE CROSS

1-2      Step back on right making ¼ turn left, make ¼ turn left stepping left to left side (12:00)  
3-4      Cross right over left, point left toe to left side  
5&6      Step back on left, recover weight on right, point left toe to left side  
7&8      Cross left behind right, step right to right, cross left over right

## TURN ½ LEFT, CROSS POINT, ROCK BACK & POINT, BEHIND SIDE CROSS TOUCH

1-2      Step back on right making ¼ turn left, make ¼ turn left stepping left to left side  
3-4      Cross right over left, point left toe to left side  
5&6      Step back on left, recover weight on right, point left toe to left side  
7&8      Cross left behind right, step right to right, cross touch left over right, (6:00)

## REPEAT

## RESTART

Restart dance on walls 2 and 4 facing 12:00 and wall 5 facing 6:00