

# No Way Tj

拍數: 32      牆數: 0      級數:  
編舞者: Simon (Woody) Ward & Cindy Truelove (AUS)  
音樂: My Way Or No Way At All! - T J Dennis & the Wham Bam Thank You Band



## RIGHT STOMP, CLAP, LEFT ROCK FORWARD, RIGHT ROCK BACK (REPEAT ON LEFT)

1-2      Stomp right forward, clap  
3-4      Rock step forward on left, rock/step back on right  
5-6      Stomp left forward, clap  
7-8      Rock forward on right, rock/step back on left

## RIGHT ROCK BACK, LEFT FORWARD, STEP FORWARD, TURN ½, ROCKING KNEE POPS, CLAP

1-2      Rock back on right, rock/step forward on left  
3-4      Step forward on right, turn ½ turn left (keeping weight on right-raising left heel)  
5      Rock/step forward on left keeping right in place pop right knee forward  
6      Rock/step back on right keeping left in place pop left knee forward  
7      Rock/step forward on left keeping right in place pop right knee forward  
8      Clap

## RIGHT STEP, SCUFF, STEP, TURN ½, STEP BACK, TURN ½, STEP, SCUFF

1-2      Step forward on right, scuff left forward  
3-4      Step forward on ball of left, turn ½ right dropping left heel (weight on left)  
5-6      Step back on ball of right, turn ½ right dropping right heel (weight on right)  
7-8      Step forward on left, scuff right forward

## BOX STEP WITH ¼ TURN RIGHT, BOX STEP, APPLEJACK

1-3      Cross/step right over left, step back on left, step right into ¼ turn right  
4-6      Cross/step left over right, step back on right, step left to side (feet parallel)  
7      With weight on heel of left and ball of right-fan left toe to left and right heel to left raising left toes and right heel off floor  
8      Return feet to center with weight on left

Optional head trick for last two counts: look to left, then look forward on last count

REPEAT