

No Way Pedro

拍數: 64 牆數: 4 級數: Improver
編舞者: Anna Barker (FR)
音樂: No Way Pedro - Van Morrison And Linda Gail Lewis



TWO JAZZ BOX (OPTIONAL TURNING) STARTING WITH THE RIGHT FOOT

1-2 Step right foot over left, step left foot to left
3-4 Step right foot to right, step left foot next to right
5-6 Repeat counts 1-2
7-8 Repeat counts 3-4

GRAPEVINE RIGHT WITH LEFT SCUFF & ¼ TURN TO RIGHT, GRAPEVINE LEFT

9-10 Step right foot to right, step left behind
11-12 Step right foot to right, ¼ turn to right as left foot scuffs into.
13-14 Left foot step left, step right behind
15-16 Step left foot to left, touch right foot next to left

HEEL SWITCHES, TRAVELING SHUFFLE TO THE RIGHT 1 ¼ TURNS

17-18 Tap right heel forward, switch to left heel forward
19-20 Switch back to right heel forward, hold and clap count 20
21-22 Shuffle right, left, right with a ½ turn to the right
23-24 Shuffle left, right, left with a ½ turn to the right

FINISH TURNING SHUFFLE, TWO KICK-BALL-CHANGES, TWO STOMPS

25-26 Shuffle right, left, right with a ¼ turn to the right
27-28 Kick left foot forward, ball-change left-right
29-30 Kick left foot forward, ball-change left-right
31-32 Stomp left foot, stomp right foot

FOUR HEEL STRUTS BACK

33-34 Step left toe back, snap left heel down making small kick with right
35-36 Step right toe back, snap right heel down make small kick with left
37-38 (Repeat counts 33-34)
39-40 (Repeat counts 35-36)

TWO SAILOR STEPS, JUMP FORWARD, JUMP BACK

41-42 Step left foot behind right, ball-change right-left
43-44 Step right foot behind left, ball-change left-right
45-46 Jump both feet forward and clap
47-48 Jump both feet back and clap

ROCK FORWARD AND COASTER STEP ON THE RIGHT AND THEN LEFT

49-50 Rock forward on the right foot and rock back to left
51-52 Coaster step right, left, right
53-54 Rock forward on the left foot and rock back to right
55-56 Coaster step left, right, left

¾ PADDLE TURN USING RIGHT FOOT

57-58 Step right to right side and make ¼ turn left as you rock back on left
59-60 Repeat counts 57-58
61-62 Repeat counts 57-58

63-64

Repeat counts 57-58

REPEAT
