

No Way Out

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Carl Sullivan (AUS)
音樂: No Way Out - Julie Roberts



- 1&2 Touch right heel forward, step right beside left, touch left heel forward
&3-4 Step left beside right, touch right heel forward, hold & clap
&5-6 Step right back, step left forward, step right forward
7-8 Step left forward, pivot ½ turn right onto right
- 1&2 Kick left foot forward on left diagonal, step left back, cross-step right over left
3-4 Rock-step left to left side, replace on right
5-6 Step left behind right, turn ¼ right stepping right forward
7&8 Triple step left, right, left turning ½ right
- 1-2 Rock-step right back, replace on left
3&4 Hitch right knee up (right foot is close to left knee), step right back, touch left heel forward
&5-6 Step left beside right, step right forward, pivot ¼ turn left onto left
7&8 Right sailor step (right, left, right)
- 1-2 Rock-step left back behind right, replace on right
3&4 Side shuffle left-right-left to left side
5-6 Turn ½ right stepping right to right side (hinge turn), rock-step left across right
7-8 Replace on right, turn ¼ left stepping left forward
- 1-2 Step right forward starting to turn left, hitch left knee & complete a full turn left on right foot
3&4 Shuffle forward left-right-left
5-6 Rock-step right forward, replace on left
7-8 Turn ½ right stepping right forward, hold
- &1-2-3 Step left beside right, step right forward, rock-step left forward, replace on right
4&5-6 Shuffle back left-right-left, touch right back
7-8 Turn ½ right keeping feet in place, turn ½ left keeping feet in place, weight onto left
- 1&2 Shuffle forward right-left-right
3-4 Step left forward, turn ¼ right touching right toe beside left
- Restart on walls 2 & 4**
5&6 Kick right forward, step right slightly to right side, touch left beside right
7&8 Kick left forward, step left slightly to left side, touch right beside left
- 1-2 Step right to right side, step left behind right
&3-4 Step right to right side, tap left heel forward on left diagonal twice (option: one touch & hold)
&5-6 Step left slightly back, cross-step right over left, step left to left side
7-8 Step right behind left, turn ¼ left stepping left forward

REPEAT

RESTART

On walls 2 & 4 (9:00 & 6:00) restart after count 52

FINISH

Heel & heel & $\frac{1}{4}$ right heel, clap
