

# No Way But Up!

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Joe Walsh (CAN) & Suzanne Perron (CAN)  
音樂: Up! - Shania Twain



## KICK/BALL/CHANGE - ½ PIVOT -SHUFFLE - ¼ PIVOT

1&2      Kick right foot forward; step down on ball of right foot, lifting left foot off of floor; replace weight to left foot  
3-4      Step right foot forward; pivot ½ turn to the left  
5&6      Shuffle forward right-left-right  
7-8      Step left foot forward; pivot ¼ turn to the right

## JAZZ BOX WITH ROCK - WEAVE

9-10      Step left across over the right; step right foot back  
11-12      Step left foot to the left side; rock to the right on right foot  
13      Recover weight to the left foot  
14      Cross step right foot over the left foot  
15-16      Step left foot to the left side; cross step right foot behind left

## JUMP APART - JUMP ACROSS - TURN ½ TO LEFT SIDE

17      Jump both feet apart  
18      Jump crossing the right foot in front of the left foot  
19      Turn ½ turn to the left side  
20      Step right foot to the right side  
21      Cross step left foot behind the right foot  
22      Jump both feet apart  
23      Jump crossing the left foot in front of the right foot  
24      Turn ½ turn to the right side

## RIGHT BACK - LEFT BACK - COASTER STEP - LEFT FORWARD - RIGHT FORWARD - POINT LEFT - LEFT FORWARD

25      Step right foot back  
26      Step left foot back  
27      Step right foot back  
&      Step left foot back next to the right foot  
28      Step right foot forward  
29      Step left foot forward  
30      Step right foot forward  
31      Step forward pointing left foot to the left side  
32      Step left foot forward

**REPEAT**

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