No Tricks



拍數: 32 牆數: 4 級數: Improver

編舞者: Vivienne Scott (CAN)

音樂: Don't Play With My Heart - Modern Talking



Start the dance 32 counts into the lyrics for 'Don't Play With My Heart' by Modern Talking

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, STEP FORWARD 1/2 PIVOT TURN

1-2 Rock left forward, recover on right

3&4 Step left back, step right beside left, step left back

5-6 Rock right back, recover on left

7-8 Step right forward, turn ½ left (weight to left)

SHUFFLE 1/2 TURN, ROCK BACK, KICK BALL CROSS, LONG STEP SIDE, STEP TOGETHER

9&10 Triple in place turning ½ left stepping right, left, right

11-12 Rock left back, recover on right

13&14 Kick left diagonally forward, step left back, cross right over left

15-16 Step left long step to side, step right beside left

CROSS SHUFFLE, STEP 1/4 TURN LEFT TWICE, CROSS ROCK, STEP 1/4 TURN TOE/HEEL

17&18 Cross left over right, step right to side, cross left over right

19-20 Step right to side, turn ¼ left and step left back
21-22 Turn ¼ left and rock right over left, recover on left
23-24 Turn ¼ right and touch right toe forward, drop right heel

STEP ½ TURN, STEP BACK, TOUCH LEFT TOE FORWARD, HOLD, STEP LEFT BACK, STEP FORWARD ¼ TURN RIGHT, STEP SIDE ¼ RIGHT, ½ TURN SHUFFLE

25-26 Step left forward, turn ½ right and step right back

27-28 Touch left toe forward, hold

&29-30 Step left back, step right forward, turn ¼ right and step left to side, turn ¼ right and hook right

over left

31&32 Step right back, turn ½ right and step left beside right, step right forward

REPEAT

TAG

For "Don't Play With My Heart" only, at the beginning of the 3rd and 7th walls (both facing the back wall)

1-4 Rock left forward, recover on right, rock left back, recover on right

Alternative:

1-4 Step left forward, turn ½ turn right (weight to right), step left forward, turn ½ right (weight to

right)

OPTIONAL ENDING FOR "DON'T PLAY WITH MY HEART":

Facing 3:00 wall, dance counts 13&14 turning 1/4 left on 14