

# No Trash!

拍數: 64      牆數: 4      級數: Intermediate  
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音樂: No Trash In My Trailer - Gene Watson



## BACK CHANGE HOLD, SHUFFLE, STEP HOLD, SHUFFLE

&1-2      Step back right, step forward onto left in place, hold  
3&4      Shuffle forward right left right  
5-6      Step left forward, hold  
7&8      Shuffle forward right left right

## SIDE ROCK, BACK ROCK ¼, STEP BACK, ½ FORWARD, SIDE SHUFFLE

1-2      Rock/step left to left side, recover onto right in place  
3-4      Rock/step back left, recover onto right in place turning ¼ right  
5-6      Step left back, ½ turn right then step right forward  
7&8      Side shuffle left stepping left together left

## CROSS HOLD, SIDE SHUFFLE, CROSS HOLD, SIDE SHUFFLE

1-2      Step right across left, hold  
3&4      Side shuffle left stepping left together left  
5-6      Step right across left, hold  
7&8      Side shuffle left stepping left together left

## CROSS ROCK ¼, SHUFFLE FORWARD, WALK, WALK, SHUFFLE

1-2      Step right across left, recover onto left in place turning ¼ right  
3&4      Shuffle forward right left right  
5-6      Walk forward left right  
7&8      \* Shuffle forward left right left

## OUT OUT FLICK, ¼ FORWARD, ½ BACK, BACK SHUFFLE, STEP BACK HOLD

&1      Step right forward out to right side, then left out to left side (shoulder width apart)  
2      Flick right up behind left calf  
3-4      Turn ¼ right and step forward right, turn ½ right and step back left  
5&6      Shuffle back right left right  
7-8      Step back left, hold

## TOGETHER, STEP SCUFF, STEP SCUFF, ROCKING CHAIR

&1-2      Step right beside left, step forward left, scuff right forward  
3-4      Step right forward, scuff left forward  
5-6      Rock forward left, recover onto right in place  
7-8      Rock back left, recover onto right in place

## HEEL HOLD, BALL CROSS SHUFFLE, HEEL HOLD, BALL CROSS SHUFFLE

1-2&      Place left heel forward on diagonal, hold, step back slight onto left  
3&4      Step right across left, step left to left side, step right across left  
5-6&      Place left heel forward on diagonal, hold, step back slight onto left  
7&8      Step right across left, step left to left side, step right across left

## TWIST PIVOT, TWIST PIVOT, STEP ¼ PIVOT, TOGETHER HOLD

1-4      Step ball of left out to left side twisting left heel to left and pivot 1/8 right, rock onto right in place - repeat (12:00)

5-6 Step forward left, pivot  $\frac{1}{4}$  right (3:00)  
7-8 Step left beside right, hold

## REPEAT

## TAG

### At the end of the 2nd wall

1-4 Full rolling turn right stepping right left right, touch left beside right  
5-6 Step left to left side, touch right beside left  
7-8 Step right to right side, touch left beside right

1-4 Full rolling turn left stepping left right left, touch right beside left  
5-6 Step right to right side, touch left beside right  
7-8 Step left to side, hold

## RESTART

Restart on wall 5 after count 32

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