

No Time At All

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Eddie Bolton (UK)
音樂: No Time at All - Charlie Landsborough



CROSSING TOE STRUTS, SIDE ROCK, SAILOR STEP

1-2 Touch right toe across left, drop right heel to floor and click fingers
3-4 Touch left toe across right, drop heel to floor and click fingers
5-6 Rock right foot to right side, rock left foot in place
7&8 Cross right behind left, step left to left side, step right beside left

KICK BALL CHANGE, PIVOT ½ TURN RIGHT, SIDE SHUFFLE, CROSS, UNWIND

9&10 Kick left foot forward, step left beside right, step right in place
11-12 Step forward on left, pivot ½ turn right
13&14 Step left to left side, step right beside left, step left to left side
15-16 Cross right behind left, unwind ½ turn right (weight on left)

HEEL SWITCHES, CROSS, UNWIND, ROCK STEP, ½ TURN SHUFFLE

17&18 Touch right heel forward, step right beside left, touch left heel forward
&19-20 Step left beside right, cross right over left, unwind ½ turn left (weight on right)
21-22 Rock forward on left, rock back onto right
23&24 Turn ½ turn left stepping left, right, left

RIGHT GRAPEVINE, LEFT GRAPEVINE WITH ¼ TURN LEFT

25-26 Step right to right side, cross left behind right
27-28 Step right to right side, touch left beside right
29-30 Step left to left side, cross right behind left
31-32 Step left ¼ turn left, scuff right beside left

REPEAT
