No Thanks, I'll Walk



拍數: 32 牆數: 4 級數: Improver

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音樂: Walking After Midnight - Garth Brooks



"THE WALK": WALK RIGHT FORWARD, LEFT FORWARD, HOLD, RIGHT FORWARD

1-2 Walk right forward, walk left forward

3 Hold

4 Walk right forward

Optional hat trick: Count 3, hold front side of brim with right hand. Look to left (drop hand on count 4 and turn head toward front)

ROCK, ROCK, DRAG, BALL CHANGE

5-6 Step left to left side and rock onto left, rock onto right at center

7&8 Drag left toward right, step onto left next to right and slightly back at a 45 degree angle right,

step right in place at 45 degree angle (ball change)

CROSS, ROCK CENTER, ROCK SIDE, ROCK CENTER, CROSS, SIDE, TOGETHER, HOLD

9-10 Cross-step left in front of right and rock onto left (look left), rock back to center on right (right foot does not move)

11-12 Step left to left side and rock onto left (look right), rock back to center on right (right foot does

not move)

13-14 Cross-step left in front of right, step right to right side

15-16 Step left together with right and slightly back from right (weight on left), hold (hands/arms out

slightly to each side)

Optional hat trick: Counts 9-10, hold right front side of brim with right hand and look left, counts 11-12, hold brim with right hand and look right

CROSS, ROCK CENTER, ROCK SIDE, ROCK CENTER, CROSS, SIDE, SWEEP, LOCK

17-18 Cross-step right in front of left and rock onto right (look right), rock back to center on left (left foot does not move)

19-20 Step right to right side and rock onto right (look left), rock back to center on left (left foot does

not move)

21-22 Cross-step right in front of left, step left to left side

Sweep (drag) right to the right around backward (along floor) toward left, lock right next to left

(right side of right foot slides up next to left side of left foot) as heel of left foot lifts off floor

(weight on right)

Optional hat trick: Counts 17-18, hold left front side of brim with left hand and look right, counts 19-20, hold brim with left hand and look left

FORWARD, TOUCH, & FORWARD, TOUCH, HOLD, WALK BACK, LEFT-RIGHT-LEFT INTO 1/4 RIGHT TURN, HOLD

25-26 Step left forward, touch right next to left &27-28 Step right forward, touch left next to right, hold

29-30 Walk left backward starting ¼ right turn, walk right backward continuing ¼ right turn (this is a

smooth curving turn)

31-32 Walk left backward finishing the ¼ right turn (1/3 of turn with each step 29-31), hold (weight is

on left with right foot in front)

Optional hat trick: Counts &27, take hat off with right hand & hold it out toward right (or flip or twirl it with fingers), replace on count 29

REPEAT

The song will end after count 24. Optional hat trick: Tip front right side of brim down with rh and point left arm

