

# No Sorrow

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 2      級數: Beginner straight rhythm  
編舞者: Annegret Dominguez (FR)  
音樂: I Am a Man of Constant Sorrow - The Soggy Bottom Boys



## POINT HEELS: RIGHT, LEFT, RIGHT, LEFT

1-2      Point right heel forward diagonal right, step right next to left  
3-4      Point left heel forward diagonal left, step left next to right  
5-6      Point right heel forward diagonal right, step right next to left  
7-8      Point left heel forward diagonal left, step left next to right

## WALK FORWARD RIGHT, CLAP, LEFT, CLAP, RIGHT, CLAP, LEFT, CLAP

1-2      Step right forward, clap  
3-4      Step left forward, clap  
5-6      Step right forward, clap  
7-8      Step left forward, clap

## TOE STRUTS BACK: RIGHT, LEFT, RIGHT, LEFT

1-2      Point right toe behind, put down right heel,  
3-4      Point left toe behind, put down left heel  
5-6      Point right toe behind, put down right heel  
7-8      Point left toe behind, put down left heel

## POINT RIGHT TO RIGHT, NEXT TO LEFT, FORWARD, STEP DOWN NEXT TO LEFT, POINT LEFT TO LEFT, NEXT TO RIGHT, FORWARD, STEP DOWN NEXT TO RIGHT

1-2      Point right toe to right, slide right toe next to left  
3-4      Point right toe forward, slide right toe next to left putting foot down  
5-6      Point left toe to left, slide left toe next to right  
7-8      Point left toe forward, slide left toe next to right putting foot down

## RIGHT PIVOT ½ TURN, STOMP, HOLD, POINT RIGHT, LEFT IN PLACE

1-2      Step right forward, pivot ½ to left  
3-4      Stomp right heel next to left, hold  
5-6      Point right toe next to left, put down right foot  
7-8      Point left toe next to right, put down left foot

**REPEAT**

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