

No Shame (P)

COPPERKNOB
BY STEPHEN BATES

拍數: 32 牆數: 0 級數: Partner
編舞者: Shirley Morris (USA) & Vic Morris (USA)
音樂: No Shame - Jeff Bates



Position: Side By Side Sweetheart Position

WALK FORWARD (TWICE), ¼ TURN, LADY'S ½ TURN

1-4 **MAN:** Walk forward left, right, step left foot ¼ turn right, touch right toe next to left foot (man now facing OLOD)

LADY: Walk left, right, step left foot ¼ turn left, touch right toe next to left foot (lady now facing ILOD)

On count 3 man raises lady right arm over lady's head

5-8 **MAN:** Step in place right, left, right, touch left toe next to right foot

LADY: While making ½ turn right step in place right, left, right, touch left toe next to right foot (lady now facing OLOD)

Man raises lady's right arm over lady's head, and extend both arms out to sides

VINE LEFT WITH LADY'S FULL TURN LEFT, CROSS STEP, ¼ TURN, STEP, HOOK

1-4 **MAN:** Step left foot to left, cross step right foot in front of left foot, step left foot to left, touch right toe next to left foot (man still facing OLOD)

LADY: Full rolling left vine, step left foot ¼ turn left, step right foot forward making ½ turn left, step left foot next to right foot making ¼ turn left, touch right toe next to left foot (lady still facing OLOD)

Man releases lady's left hand, rise right arm over lady's head, rejoin left hands at lady's shoulder

5-8 **BOTH:** Cross right foot over left foot, making ¼ turn right step back on left foot, step right foot back, hook left foot over right foot, (both now facing RLOD)

SHUFFLE, ½ PIVOT, SHUFFLE, WALK (TWICE)

1&2 Left shuffle forward left, right, left

3-4 Step right foot forward, pivot ½ turn left, (weight on left foot)

Both now facing LOD

5&6 Right shuffle forward right, left, right

7-8 Walk forward left, right

½ PIVOT, ½ PIVOT, CROSS, POINT, CROSS, POINT

1-2 Step left foot forward, pivot ½ turn right, (weight on right foot)

3-4 Step left foot forward, pivot ½ turn right, (weight on right foot)

5-6 Cross left foot over right foot, touch right foot to right

7-8 Cross right foot over left foot, touch left foot to left

On counts 1-2-3 drop left hands, raise right hands, rejoin hands on count 4. You are now in sweetheart position

REPEAT