

No Regrets

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver rumba
編舞者: Virginia Tsui (CAN)
音樂: Soft-Hearted - Yam Sen Che



SIDE HOLD, BACK ROCK, ½ TURN RIGHT HOLD, FULL TURN RIGHT

1-2 Big step left to left side and hold
3-4 Step right back, recover weight on left
5-6 Make ½ turn right stepping forward on right and hold
7-8 Step left forward ¼ turn right, ¼ turn right (weight on right)

SIDE HOLD, SIDE ROCK, UNWIND FULL TURN, BIG STEP BACK, DRAG BACK

1-2 Step left to left side and hold
3-4 Rock right to right side, recover on left
5-6 Cross right over left, unwind full turn left
7-8 Big step right back, drag left back

BACK HOLD, TOGETHER FORWARD, FORWARD HOLD, PIVOT ¼ TURN

1-2 Step left back and hold
3-4 Step right next to left, step left forward
5-6 Step right forward and hold
7-8 Step forward on left, pivot ¼ turn right

SKATE LEFT HOLD, SKATER STEPS TWICE, STEP FORWARD, SWEEP ¼ TURN RIGHT

1-2 Skate forward on left and hold
3-4 Skate forward on right, left
5 Step right forward
6-7-8 Sweep left round ¼ turn right (with 2 counts), touch left next to right

REPEAT

TAG

End of wall 3, facing 9:00, add 4 counts

1-2 Step left forward pivot ¼ turn right
3-4 Step left forward pivot ¼ turn right
