

No Reason

拍數: 48 牆數: 0 級數:
編舞者: Aussie Blue Bootscoters
音樂: Don't Get Angry - Rene Diaz



TOE BACK, ½ PIVOT, ROCK, ROCK, ¼ PIVOT, CROSS SHUFFLE

1-2 Touch right toe back, pivot ½ turn right on ball of left
3-4 Rock back on right, rock forward on left
5-6 Step forward on right, pivot ¼ turn left
7&8 Cross shuffle: step right over left, step left to left side, step right over left

¼ TURN, ¼ TURN, CROSS SHUFFLE, ROCK, ROCK, SAILOR

1-2 Step ¼ turn right, stepping back on left, step ¼ turn right stepping right to right side
3&4 Cross shuffle: step left over right, step right to right side, step left over right
5-6 Rock right to right side, return weight to left
7&8 Sailor: step right behind left, step left to left side, step right to center

SAILOR, BALL CHANGE, SHUFFLE, ROCK, ROCK

1&2 Sailor: step left behind right, step right to right side, step left to center
3&4 Touch right heel forward, step right beside left, step left forward
5&6 Shuffle forward right, left, right
7-8 Rock forward on left, rock back on right

COASTER, FORWARD, PIVOT, CROSS HEEL JACK, CROSS HEEL JACK

1&2 Coaster: step left back, step right beside left, step left forward
3-4 Step right forward, pivot ¼ turn left
5&6 Cross heel jack: step right across left, step left to left side, touch right diagonally right
7&8 Cross heel jack: step left across right, step right to right side, touch left diagonally left

HIPS, HIPS, SHUFFLE, ROCK, ROCK

1-2 Step right forward diagonally right, push hips right, left
3-4 Step right back diagonally right, push hips right, left
5&6 Shuffle forward right, left, right
7-8 Rock forward on left, rock back on right

COASTER, PIVOT, PIVOT, KICK BALL CHANGE

1&2 Coaster: step left back, step right beside left, step left forward
3-4 Step forward on right, pivot ½ turn left
5-6 Step forward on right, pivot ½ turn left
7&8 Right kick ball change

REPEAT
