

No Problems

拍數: 48 牆數: 4 級數: Improver
編舞者: Margaret Murphy (AUS)
音樂: No Shoes, No Shirt, No Problems - Kenny Chesney



INTRO

- 1-4 Rolling vine to the right, right, left, right, touch left next to right
5-8 Rolling vine to left, left, right, left, touch right next to left
- 9-12 Step forward. On right, slide left up to right, twice.
13-16 Step back on left, slide right back to left, twice
- 17-20 Step right to right, touch left next to right, step ¼ turn to left, touch right next to left
21-80 Repeat these 20 steps 3 more times

THE MAIN DANCE

- 1&2-3&4 Turning ¼ turn left, shuffle on the spot right-left-right. Turning ¼ turn left shuffle on the spot left-right-left (back wall)
5&6-7&8 Turning ¼ left shuffle on the spot, right-left-right, turning ¼ turn left, shuffle left-right-left on the spot (front wall)
- 9-12 Walk forward, right, left, right, place left heel forward at 45.
13-16 Walk back left, right, left, touch right next to left.
- 17&18 Shuffle to the right, right-left-right.
19-20 Rock step left behind right, rock forward onto right
- 21-24 Repeat steps 17-20, leading with left
- 25-28 Step forward on right pivot ½ turn to left, step forward on right, pivot ¼ turn left
- 29-30 Rock forward onto right, rock back onto left
31&32 Shuffle back right-left-right
- 33-34 Rock back onto left, rock forward onto right
34&36 Shuffle forward, left-right-left
- 37-38 Rock to right on right, rock to left on to left
39&40 Cross shuffle right-left-right
- 41-42 Rock to left on left, rock to right on right
43&44 Cross shuffle left-right-left
- 45-48 Step forward on right, pivot ½ turn right. Step forward on right pivot ½ turn right

REPEAT

RESTART

On the 3rd wall (back) dance to beat 24, then restart

Dedicated to my friend Joan O'Neill, A.K.A. 'The Old Trooper' who suggested I write a dance to this piece of music.

