

No Problemo..

拍數: 32 牆數: 4 級數: Advanced
編舞者: Roy Hadisubroto (NL)
音樂: Tragedy - Marc Anthony



STEP, RONDE, WEIGHT CHANGE, SHUFFLE, SWIVEL SWAY, TOUCH TURNING FLICK

- 1 Step left foot to left side
- 2 Bring right foot behind left foot with ronde, weight on right foot
- & Change weight on left foot
- 3 Bring right foot in front of left foot with a ronde, weight on right foot
- 4&5 Shuffle forward left foot, right foot, left foot
- & Lift right foot knee
- 6 Right foot kick forward
- & Right foot hook in front of left foot
- 7 Turn on left foot $\frac{1}{4}$ to the right while unhooking right foot
- 8 Right foot kick diagonally forward in front of left foot
- & Bring right foot leg behind left foot leg
- 9 Right foot step crossed behind left foot

WEAVE, WEAVE WITH LOCKS, $\frac{1}{4}$ TURN LEFT

- 10 Left foot cross over right foot
- 11 Right foot step to right side
- 12 Left foot cross behind right foot
- & Right foot step to right side
- 13 Left foot cross over right foot
- & Right foot step to right side
- 14 Left foot lock step behind right foot

Standing on both ball of feet, arms up above the head with right hand palm on the back of left hand

- 15 Right foot step to right side (heels down)
- 16 Left foot cross over right foot
- & Right foot step to right side
- 17 Lock step left foot behind right foot while turning $\frac{1}{4}$ to the left

Standing on both ball of feet, arms up above the head with right hand palm on the back of left hand

ROCK STEP, SHUFFLE, $\frac{1}{4}$ TURN RIGHT, STEP, TOUCH, FLICK, TOUCH

- & Put both heels down
- 18 Right foot rock backwards
- 19 Left foot recover back
- 20&21 Shuffle forward right foot, left foot, right foot
- & Turn on right foot $\frac{1}{4}$ to the right
- 22 Left foot step diagonally forward over right foot (standing on both ball of feet)
- 23 Hold (still standing on both ball of feet)
- & Put both heels down
- 24 Right foot kick diagonally forward over left foot
- & Right foot flick to right side
- 25 Right foot kick diagonally forward over left foot

SLIDE, KICK BALL CROSS, HOLD, $\frac{1}{2}$ TURN LEFT, WEIGHT CHANGE

- & Right foot step diagonally forward over left foot putting weight on right foot
- 26 Left foot make a large step to left side
- 27 Right foot drag next to left foot

- 28 Right foot kick forward
& Right foot step forward
29 Left foot lock step behind right foot and spread both arms out
30 Hold
31 Both feet unwind $\frac{1}{2}$ turn to the left (bent and turn left foot knee out to 6:00)
32 Hold (turn head facing 09:00 while putting whole weight on right foot)

REPEAT
