

# No No's

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Stefan Ingemanson (SWE) & Lisen Persson (SWE)  
音樂: I'm Not In the Mood (To Say No)! - Shania Twain



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## STEP, CLAP X3, KICK, SCISSOR STEP, STEP

1                    Step right forward  
2&3                Hold position and clap hands three times  
4                    Kick left forward  
5-7                Step left to left side, step right beside left, cross left over right  
8                    Step right beside left

## KICK BALL CHANGE, COASTER STEP, ROCK, ROCK

1&2                Kick left forward, step left beside right, step right beside left  
3&4                Step left back, step right beside left, step left forward  
5-6                Rock right to right side, recover weight to left  
7-8                Rock right foot back, recover weight to left

## TURN ¼ LEFT, TURN ½ LEFT, KICK, KICK, HOOK, KICK

1-2                Step right forward, turn ¼ left, weight on left  
3-4                Step right forward, turn ½ left, weight on left  
5-6                Kick right forward twice  
7-8                Hook right in front of left shin, kick right forward

## WALK BACK X3, KICK, STEP, STEP, CLAP X3

1-3                Walk back right, left, right  
4-5                Kick left forward, step left to left side  
6                    Step right to right side  
7&8                Clap hands three times as you changes weight to left

**REPEAT**

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