

# No More Lonely

拍數: 56      牆數: 2      級數: Intermediate  
編舞者: Robyn Menerey (AUS)  
音樂: No More Lonely - David Ball



- 1-2            Touch right toe beside left foot, kick right foot forward  
3-4            Rock/step right foot backward, rock forward onto left  
5&6            Shuffle forward right-left-right  
7-8            Step left foot forward, make  $\frac{1}{2}$  pivot turn right stepping forward onto right
- 9-10           Touch left toe beside right foot, kick left foot forward  
11-12          Rock/step left foot backward, rock forward onto right  
13-14          Step left foot forward, make  $\frac{1}{2}$  turn right stepping forward onto right
- 15-16          Repeat previous pivot turn count 13-14
- 17-18          Rock/step left foot forward, rock backward onto right  
19&20          Shuffle backward left-right-left  
21&22          Make  $\frac{1}{2}$  turn right on ball of left foot & shuffle forward right-left-right  
23-24          Step left foot forward, touch right toe beside left
- 25-26          Rock/step right foot to right side, rock sideward onto left  
27-28          Step right foot across behind left, hold  
29-30          Rock/step left foot to left side, rock sideward onto right  
31-32          Step left foot across behind right, hold
- 33-36          Vine right right-left-right, touch left foot beside right  
37-38          Step left foot to left side, step right foot across behind left  
39-40          Make  $\frac{1}{4}$  turn left on ball of right foot & step left foot forward touch right foot beside left
- 41&42          Right foot kick ball change  
43-44          Step right foot forward, make  $\frac{1}{4}$  pivot turn left transferring weight to left foot  
45-48          Repeat previous counts 41-44
- 49-52          Shuffle forward right-left-right, left-right-left  
53-54          Step right foot forward, make  $\frac{3}{4}$  pivot turn left transferring weight to left foot  
55-56          Step right foot to right side, step left foot beside right

## REPEAT

To make the dance finish facing front, counts 13-15 become a full turn to the right stepping in place left-right-left