

No Milk Today

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Carmela Saliba
音樂: No Milk Today - Herman's Hermits



FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

1-2 Rock forward on right, rock back on left
3&4 Shuffle step ½ turn right, stepping right, left, right
5-6 Rock forward on left, rock back on right
7&8 Step back left, step right beside left, step forward left

FORWARD ROCK, SHUFFLE ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

1-2 Rock forward on right, rock back on left
3&4 Shuffle step ½ turn right, stepping right, left, right
5-6 Rock forward on left, rock back on right
7&8 Step back left, step right beside left, step forward left

KICK BALL CHANGE RIGHT, RIGHT CHASSE, KICK BALL CHANGE LEFT, LEFT CHASSE

1&2 Kick right forward, step right beside left, step onto left in place
3&4 Step right to right side, close left beside right, step right to right side
5&6 Kick left forward, step left beside right, step onto right place
7&8 Step left to left side, close right beside left, step left to left side

SIDE STEP, CROSS BEHIND, CHASSE RIGHT, CROSS ROCK, ¼ LEFT TURN SHUFFLE FORWARD

1-2 Step right to right side, cross left behind right
3&4 Step right to right side, close left beside right, step right to right side
5-6 Cross rock left over right, rock back onto right
7&8 ¼ turn left forward shuffle left, right, left

REPEAT
