

No Maintenance

拍數: 32 牆數: 0 級數:
編舞者: Bob Peyre-Ferry (USA) & Marlene Peyre-Ferry (USA)
音樂: High Maintenance Woman - Toby Keith



Position: Begin in Side-By-Side position (Cape)

STAR, SHUFFLE, SHUFFLE

1-4 Touch left toe forward, to left, back, left scuff forward
5&6 Left shuffle forward
7&8 Right shuffle forward

PIVOT, SHUFFLE, PIVOT, CROSS STEP

1-2 Step left forward, turn $\frac{1}{2}$ turn right
3&4 Left shuffle forward
5-6 Step right forward, turn $\frac{1}{4}$ turn left
7-8 Cross step right over left, step left to left

CROSS STEPS, SIDE SHUFFLE, ROCK STEP, TURNING SHUFFLE

1-2 Cross step right behind left, step left to left
3&4 Step right to left, step left to left as turn $\frac{1}{4}$ turn left, right scuff forward
5-6 Right rock step forward, recover
7&8 Right shuffle back as turn $\frac{1}{2}$ turn right

SHUFFLE, PIVOT, STAR

1&2 Left shuffle forward
3-4 Step right forward, turn $\frac{1}{2}$ turn left
5-8 Touch right toe forward, to right, back, step right forward

REPEAT
