No Good Without You

級數: Intermediate

編舞者: Karen Jones (UK)

拍數: 32

音樂: The Music's No Good Without You - Cher

牆數: 4

TOUCH BALL STEP, SWEEP, CROSS, LEFT LOCK STEP BACK, ROCK BACK RIGHT, RECOVER

- Touch right toe next to left instep, small step back on to ball of right, small step forward on left
 Sweep right foot forward and over left, finishing with right crossed over left weight on right foot
- 5&6 Left step back, right lock over left, left step back (alternative shuffle back)
- 7-8 Rock back on right, recover forward on left

RIGHT LOCK STEP FORWARD, STEP $\frac{3}{4}$ TURN RIGHT WITH HOOK, RIGHT LOCK FORWARD OUT, OUT, BALL CROSS,

- 9&10 Right step forward, left lock behind right, right step forward
- 11-12 Step forward left, pivot ³⁄₄ turn right on ball of left while hooking right in front of left
- 13&14 Right step forward, left lock behind right, right step forward
- &15 Small step to left side with left foot, small step to right side with right foot
- &16 Bring left in and slightly back on ball of foot, cross right over left

ROCK FORWARD LEFT RECOVER, TRIPLE 1 ½ (OR ½) TURN RIGHT, KICK, STEP, LOCK, STEP, ROCK FORWARD LEFT, RECOVER,

- 17-18 Rock forward left, recover weight on to right foot
- 19&20 ¹/₂ turn left stepping forward left, ¹/₂ turn left stepping back on right, ¹/₂ turn left stepping forward left, (total of 1& ¹/₂ turns left)

Alternative triple 1/2 turn left stepping left, right, left

- 21& Kick right foot forward, step right foot forward
- 22& Lock left foot behind right foot, small step forward on right foot
- 23-24 Rock forward left, recover weight on to right foot

1 ½ TURN, POINT RIGHT TO RIGHT, CROSS RIGHT OVER LEFT, POINT LEFT TO LEFT, CROSS/TURN, POINT RIGHT TO RIGHT

- 25-26 ¹/₂ turn left stepping forward left, ¹/₂ turn left stepping back on right,
- 27-28 1/2 turn left stepping forward, point right to right side

Alternative

- 25 ¹/₂ turn left stepping forward left
- 26 Walk right
- 27 Walk left
- 28 Point right to right side
- 29-30 Cross right over left, point left to left side
- 31-32 Cross left over right unwind ¹/₂ turn to right, point right to right side

REPEAT



