

No Excuse

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Don McRitchie (AUS)
音樂: Love Is No Excuse - Ernest Tubb & Loretta Lynn



FORWARD BACK, BACK, HOLD, BACK, LOCK, BACK, HOLD

1-2 Step forward on left, rock back on right
3-4 Step back on left, hold for one beat
5-6 Step back on right, lock left in front of right
7-8 Step back on right, hold for one beat

BACK, FORWARD, FORWARD, HOLD, FORWARD, LOCK, FORWARD., HOLD

9-10 Step back on left, rock forward on right
11-12 Step forward on left, hold for one beat
13-14 Step forward on right, lock left behind right
15-16 Step forward on right, hold for one beat

STEP, ROCK, CROSS, HOLD

17-18 Step left to left side, replace weight on to right
19-20 Cross left in front of right, hold for one beat
21-22 Step right to right side, replace weight on to left
23-24 Cross right in front of left, hold for one beat

LEFT, ¼ TURN RIGHT, SHUFFLE

25-26 Step left to left side. Making ¼ turn right step on to right
27&28 Shuffle forward left-right-left

STEP PIVOT ½ TURN LEFT, SHUFFLE

20-30 Step forward on to right, make ½ turn left on ball of right foot, step on to left
31-32 Shuffle forward right-left-right

REPEAT
