

No Doubt

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Ron Kline (USA)
音樂: Hella Good - No Doubt



May be done in contra with lines facing each other

JAZZ BOX WITH $\frac{1}{4}$ TURN AND TOUCH, STEP, TOUCH, STEP, HITCH

1-4 Cross step right over left, step back left, making a $\frac{1}{4}$ turn right step forward right, touch side left
5-8 Step forward left, touch side right, step forward right, hitch left knee

SUICIDE VINE WITH STEP

1-4 Step side left, cross step right behind left, step side left turning $\frac{1}{4}$ left with the step, pivot another $\frac{1}{4}$ left and hop slightly on left hitching right knee
5-8 Step side right, cross step left behind right, step side right, step forward left

THREE $\frac{1}{4}$ PIVOTS LEFT, $\frac{1}{2}$ PIVOT LEFT

1-4 Step forward right, pivot $\frac{1}{4}$ left weight left, step forward right, pivot $\frac{1}{4}$ left weight left
5-8 Step forward right, pivot $\frac{1}{4}$ left weight left, step forward right, pivot $\frac{1}{2}$ left weight left

LINDY RIGHT, ROCK STEP, LINDY LEFT, ROCK STEP

1&2 Step side right, step left next to right, step side right
3-4 Cross rock back left, recover weight right
5&6 Step side left, step right next to left, step side left
7-8 Cross rock back right, recover weight left

REPEAT
