

No Conversation

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Raymond Walsh (UK) & Nicola Kitto (UK)
音樂: A Little Less Conversation (Radio Edit Remix) - Elvis & JXL



CHA-CHA STEPS ON RIGHT & LEFT WITH SWIVELS & HITCHES

1&2 Cha-cha right-left-right swiveling 1/8 left on last step hitching left knee
3&4 Cha-cha left-right-left swiveling 1/8 right on last step hitching right knee
5-8 Repeat steps 1-4

MONTEREY TURN, SIDE CLOSES WITH CLAP

1-2 Tap out on right foot, close right to left turning ½ right
3-4 Tap out on left foot, close left to right
5-6 Step to side on right, close left to right
7-8 Step to side on right, tap left to right & clap

SYNCOPATED FULL TURNS LEFT & RIGHT WITH CROSSES

1-2 Left foot to side, right foot to side turning ½ left
3 Left foot to side turning a further ½ left
&4 Right foot crosses behind left, left foot to side
5-8 Repeat steps 1-4 starting with right foot

HEEL SWITCHES TURNING ½ LEFT WITH ARM PUNCHES

1 Left heel and right arm forward, left elbow back
2 Close left to right, taking right heel & left arm forward, right elbow back
3-8 Repeat the above steps a further 3 times, turning ½ left over 8 counts

FORWARD WALKS, HIP ROTATION & HIP BUMPS

1-4 Walk forward right, left, right, left
5-6 Rotate hips to the left
7-8 Bump left hip forward twice

BACKWARD WALKS, SYNCOPATED SHIMMIES UP & DOWN

1-4 Walk back right, left, right, left
5&6 Shimmy down bending knees
7&8 Shimmy up

REPEAT
