

No Chicken Wings

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Irene Groundwater (CAN)
音樂: No Chicken Wings - Jimmy Lewis



Dedicated to Vicky McCullough and her special girls from Vancouver Island whose moves inspired this dance

BACK, HEEL, BODY ROLL, BACK, HEEL, BODY ROLL

1-2-3-4 Right back, tap left heel forward, forward body roll over 2 counts
5-6-7-8 Left back, tap right heel forward, forward body roll over 2 counts

Option:

1-2-3-4 Right back, tap left heel forward 3 times
5-6-7-8 Left back. Tap right heel forward 3 times

DIAGONAL FORWARD SHUFFLE, DIAGONAL FORWARD SHUFFLE, FORWARD SHUFFLE, ½ TURN RIGHT, ½ TURN RIGHT

9&10 Right diagonal forward, step left beside right, right diagonal forward
11&12 Left diagonal forward, step right beside left, left diagonal forward
13&14 Right forward, step left beside right, right forward
15-16 Left forward pivoting ½ turn right on step, right back pivoting ½ turn right on step

Options:

9& Lock left behind right
11& Lock right behind left)
9&10 Raise right hand pointing and looking to right
11&12 Raise left hand pointing and looking to left
15 Left forward
16 Right forward (no turn on steps)

FORWARD, ½ TURN RIGHT, SIDE, SIDE, TOGETHER

17-18 Left forward, pivot ½ turn right onto right
19&20 Side step left, side step right, step left beside right

¼ TURN LEFT WITH RIGHT HIP-UP-DOWN-UP, ½ TURN RIGHT WITH LEFT HIP-UP-DOWN-UP

21&22 Pivot ¼ turn left on left ball and side step right raising right hip up, lower right hip, raise right hip
23&24 Pivot ½ turn right on right ball and side step left raising left hip up, lower left hip, raise left hip

Options:

21&22 Face looks forward towards 6:00 on 1st wall with right arms extended towards 6:00
23&24 Face looks forward towards 6:00 on 1st wall with left arms extended towards 6:00

½ TURN LEFT WITH RIGHT HIP-UP-DOWN-UP, ¼ TURN RIGHT WITH SIDE, SIDE, TOGETHER, CLAP

25&26 Pivot ½ turn left on left ball and side step right raising right hip up, lower right. Hip, raise right. Hip
&27 Pivot ¼ turn right on right ball (facing forward) and side step left, side step right
&28 Go up on toes of both feet and drag both feet together, clap

Option:

25&26 Face looks forward towards 6:00 on 1st wall with right arms extended towards 6:00

BEHIND, SIDE, STOMP, CROSS BEHIND, ¼ TURN LEFT WITH SIDE, STOMP

29&30 Cross right behind left, side step left, stomp right beside left
&31-32 Cross left behind right, pivot ¼ turn left on left ball and side step right, stomp left beside right

REPEAT

Dance pattern 10 times. Dance count 1 to 16 as music fades then pose with attitude
