

# No Butts Or Maybes

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Alison Metelnick (UK)  
音樂: I'll Get You Back - Mark Chesnutt



## LEFT FORWARD ROCK & RECOVER, ½ TURN LEFT, LEFT SHUFFLE FORWARD, ¼ RIGHT 2 COUNT MONTEREY, LEFT SHUFFLE FORWARD

1-2            Step left foot forward, recover weight on right  
3&4           ½ turn left, step left foot forward, step right foot next to left, step left foot forward  
5-6           Touch right toe to right side, ¼ turn right step right foot next to left  
7&8           Step left foot forward, step right foot next to left, step left foot forward

## ½ LEFT PIVOT, RIGHT SHUFFLE FORWARD, LEFT ROCK & RECOVER, LEFT LOCK STEP BACK

1-2            Step right foot forward, pivot ½ left  
3&4           Step right foot forward, step left foot next to left, step right foot forward  
5-6           Rock left foot forward, recover weight on right foot  
7&8           Step left foot back, lock right foot in front of left, step left foot back

## ROCK SIDE RIGHT & RECOVER, RIGHT CROSS SHUFFLE, STEP SIDE LEFT, SWEEP ½ RIGHT, RIGHT SAILOR STEP

1-2            Rock right foot out to right side, recover weight on left foot  
3&4           Cross step right over left, step left foot to left side, cross step right over left  
5-6           Step left foot out to left side (with weight on left foot) sweep right foot behind left at the same time turning ½ turn right  
7&8           Step right foot behind right, step left foot next to right, step right foot forward

**To help styling and momentum on the backward sweep into the sailor step it helps to over-rotate yourself slightly to the right diagonal**

## LEFT CROSS ROCK & RECOVER, ½ LEFT TRIPLE STEP, RIGHT CROSS ROCK & RECOVER, ¼ RIGHT SIDE SHUFFLE

1-2            Cross rock left foot over right, recover weight on right foot  
3&4           Turn ¼ left stepping on left foot, turn ¼ turn left stepping right foot next to left, step left foot next to right  
5-6           Cross rock right foot over left, recover weight on left foot  
7&8           Step right foot to right side, step left foot next to left, ¼ turn right stepping right foot forward

**To help styling and momentum when executing the ½ turn triple step into the cross rock recover it helps to over-rotate slightly to the left diagonal(counts 25-28)**

## ½ RIGHT PIVOT WITH A KICK, RIGHT SAILOR STEP, SIDE LEFT SLIDE TOGETHER, RIGHT SIDE SHUFFLE

1-2            Step left foot forward, ½ turn right kicking right foot to right diagonal  
3&4           Step right foot behind left, step left foot next to right foot, step right foot forward  
5-6           Step left foot to left side, slide step right foot next to left (weight remains on left foot)  
7&8           Step right foot to right side, step left foot next to right, step right foot to right side

## HIP BUMPS WITH SKATES LEFT-RIGHT, ½ LEFT TRIPLE STEP, STEP RIGHT SLIDE LEFT, LEFT SIDE SHUFFLE

1-2            Bump hips left and right at the same time skate in place, left and right  
3&4           Turn ¼ left stepping on left foot, turn ¼ left stepping right foot next to left foot, step left foot next to right foot  
5-6           Step right foot to right side, slide step left foot next to right (weight remains on right foot)  
7&8           Step left foot to left side, step right foot next to left, step left foot to left side

**CROSS ROCK RIGHT & RECOVER, ¼ TURN RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, ¼ LEFT BACK SWEEP**

- 1-2 Cross rock step right over left, recover weight on left
- 3&4 Step right foot to right side, step left foot next to right foot, ¼ turn left step right foot forward
- 5-6 Rock left foot forward, recover weight on right foot
- 7-8 Sweep left foot behind right turning ¼ left (weight should be on left foot with the right foot in third position heel raised)

**½ PIVOT LEFT (WEIGHT COMES BACK ON TO RIGHT FOOT), LEFT COASTER STEP, ¼ LEFT PIVOT, MODIFIED RIGHT CROSS SHUFFLE**

- 1-2 Step right foot forward, ½ pivot left taking weight back on to right foot (it will feel like you are holding here or alternatively you can kick your left foot forward)
- 3&4 Step left foot back, step right foot next to left, step left foot forward
- 5-6 Step right foot forward ¼ pivot left
- 7&8 Cross step right foot over left, step left foot to left side, step right foot forward

**REPEAT**

**TAG**

**When dancing the dance to the Mark Chesnutt track, at the end of the 2nd wall (you will be facing 6:00)**

**LEFT SIDE ROCK & RECOVER, LEFT CROSS SHUFFLE, RIGHT SIDE ROCK & RECOVER, MODIFIED RIGHT CROSS SHUFFLE**

- 1-2 Rock left foot to right side, recover weight on right foot
  - 3&4 Cross step left foot over right foot, step right foot to right side, cross step left foot over right
  - 5-6 Rock right foot to right side, recover weight on left
  - 7&8 Cross step right foot over left foot, step left foot to left side, step right foot forward
-