

# No Bridges

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jo Thompson Szymanski (USA)  
音樂: Some Bridges Need Burning - Keisa Brown



## [1 – 8] □ BACK, DRAG, SYNCOPATED BACK ROCK, RECOVER, FORWARD, RONDE, SYNCOPATED JAZZ BOX CROSS

1-2            Large step R back (1); Drag L toward R (2)  
&3-4          Rock L back (&); Recover onto R (3); Step L forward (4)  
5-6            Sweep R across front of L (5); Cross R over L (6)  
&7             Step L back (&); Step R to right (7)  
8                Cross L over R (8) (12:00)

## [9 – 16] □ QUICK FORWARD ROCK & BEHIND, 3/4 TURN L, BACK, KNEE POP, 1/2 TURN R

&1&2          Sweep R foot around to front of L (&) Rock ball of R forward (1); Recover onto L sweeping R around to the back (&); Step R behind L (2)  
3-4            Turn 1/4 left stepping L forward (3); Turn 1/2 left stepping R back (4) (3:00)  
5&6            Step L back leaving R toe forward (5); Bend R knee slightly lifting R heel (R toe stays on floor) (&); Straighten R leg lowering R heel (weight stays on L) (6)  
7-8            Step R forward (7); Turn 1/2 right stepping L back (8) (9:00)

## [17 – 24] □ BACK, KNEE POP, 1/2 TURN L, COASTER, 1/4 TURN L, SIDE, BEHIND

1&2            Step R back leaving L toe forward (1); Bend L knee slightly lifting L heel (L toe stays on floor) (&); Straighten L leg lowering L heel (weight stays on R) (2)  
3-4            Step L forward (3); Turn 1/2 left stepping R back (4) (3:00)  
5&6            Step L back (5); Step R beside L (&); Step L forward turning L toe out (6)  
7-8            Turn 1/4 left stepping R to right (7); Step L behind R (8) (12:00)

## [25 – 32] SIDE ROCK, RECOVER, BEHIND (R & L), SIDE ROCK, 1/4 TURN R, BACK ROCK, RECOVER with 1/2 TURN L

1&2            Rock R to right (1); Recover onto L (&); Step R behind L (2)  
3&4            Rock L to left (3); Recover onto R (&); Step L behind R (4)  
5-6            Rock R to right starting 1/4 turn right (5); Recover onto L completing 1/4 turn right (6) (3:00)  
7-8            Rock R back (7); Recover forward onto L turning 1/2 left (8) (9:00)

Start again.

Last Update – 17th Oct. 2015