

92.5

拍數: 32 牆數: 0 級數:
編舞者: Debbie Wood & Marilynne Delurey (CAN)
音樂: Radio 101 - Beverly Mahood



The choreographers are known collectively as "Happy Feet"

HEEL GRINDS & COASTERS RIGHT AND LEFT

1-2 Grind right heel forward, recover weight on left
3&4 Step right foot back, step left foot together, step right foot forward
5-6 Grind left heel forward, recover weight on right
7&8 Step left foot back, step right foot together, step left foot forward

STEP RIGHT ½ TURN, OUT, OUT, IN, IN, OUT, OUT

9-10 Step right ½ turn
11-12 Step out forward right, step out forward left
13-14 Step back in place right, step back in place left
15-16 Step out forward right, step out forward left

HIP BUMPS AND HEELS FORWARD

17-20 Bump hips left twice, bump hips right twice
21& Touch left heel forward, step back left
22& Touch right heel forward, step back right
23& Touch left heel forward, step back left
24& Touch right heel forward, touch right toe beside left

RIGHT FORWARD, SIDE, BACK, STEP FORWARD, LEFT FORWARD, SIDE, BACK, STEP FORWARD.

25-26 Touch right heel forward, touch right toe to right side
27-28 Touch right toe back, step forward on right.
29-30 Touch left heel forward, touch left toe to left side
31-32 Touch left toe back, step forward on left

REPEAT