

9 To 5

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nic Bartlam (UK)
音樂: 9 To 5 - Dolly Parton



HEEL, TAP, SHUFFLE, HEEL, TAP, SHUFFLE

1-2 Tap left heel forward, touch left toe next to right
3&4 Step forward on left, close right to left, step forward on left
5-6 Tap right heel forward, touch right toe next to left
7&8 Step forward on right, close left to right, step forward on right

ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1-2 Rock forward on left, replace weight back on to right
3&4 Step back on left, close right to left, step forward on left
5-6 Rock forward on right, replace weight back on to left
7&8 Step back on right, close left to right, step forward on right

ROCK STEP, SHUFFLE, ROCK STEP, WALK, WALK

1-2 Rock forward on left, replace weight back on to right
3&4 Step back on left, close right to left, step back on left
5-6 Rock back on right, replace weight back on to left
7-8 Step forward on right, step forward on left

STEP, TURN, SHUFFLE, STEP, TURN, STEP, TURN

1-2 Step forward on right, turn ½ turn left (weight finishes on left)
3&4 Step forward on right, close left to right, step forward on right
5-6 Step forward on left, turn ½ turn right (weight finishes on right)
7-8 Step forward on left, turn ¼ turn right (weight finishes on right)

REPEAT

TAG

The tag is danced at the end of the 3rd wall

1-2 Step left to left side, touch right to left
3-4 Step right to right side, touch left to right
5-6 Step forward on left, touch right next to left
7-8 Step back on right, touch left next to right