

9 To 5

拍數: 34 牆數: 4 級數: Intermediate
編舞者: Catherine Amelia Howe
音樂: 9 To 5 - Dolly Parton



WALK FORWARD RIGHT LEFT, TOUCH RIGHT TOE IN FRONT, TOUCH RIGHT TOE BACK, WALK FORWARD RIGHT LEFT, TOUCH RIGHT TOE IN FRONT TOUCH RIGHT TOE BEHIND

1&2 Walk forward right left
3&4 Touch right toe in front touch right toe behind
5&6 Walk forward right left
7&8 Touch right toe in front touch right toe back

RIGHT SIDE ROCK BEHIND IN FRONT, LEFT SIDE ROCK TOUCH

1&2 Step right out to right side, rock weight back on to left
3-5 Step right behind left step left to left side touch right next to left
6-8 Step left out to left side rock weight back on to right touch left beside right

SCUFF RIGHT CROSS ROCK TRIPLE THREE QUARTER TURN LEFT SIDE ROCK SCUFF TOUCH

1-6 Scuff right cross right rock back on to left triple three quarter turn leading right
7-9 Left side rock touch scuff left

LEFT FORWARD ROCK, BACK LOCK STEP SWAY RIGHT, LEFT, RIGHT, LEFT, RIGHT KICK AND TOUCH

1-5 Left forward rock back lock step
5-8 Sway right, left, right, left

RIGHT, KICK AND TOUCH, RIGHT SAILOR STEP LEFT SAILOR STEP

1-3 Low kick right foot forward, on the an beat step right next to left and touch left next to right
3-6 Right sailor step left sailor step

REPEAT
